

SEPTEMBER 2023

HEALTHY CONNECTIONS



Central Connecticut Health District

2080 Silas Deane Highway
Suite 100
Rocky Hill, CT 06067
860-785-8380

Welcome to Central Connecticut Health District's Healthy Connections newsletter. We hope that the information we have included will help you make healthy lifestyle choices and provide you with the latest information in community health.

Influenza (Flu) Vaccine Clinics October 2023

by appointment only

Berlin Senior Center

Drive-thru: Tues. October 3, 2 pm - 6 pm
Indoor Clinic: Wed. October 4, 10 am - 2 pm

Wethersfield Pitkin Community Center

Drive-thru: Tues. October 10, 2 pm - 6 pm
Indoor Clinic: Thurs. October 12, 10 am - 2 pm

Newington High School

Indoor Family Clinic: Sat. Oct. 14 10 am - 2 pm

Newington Senior and Disabled Center

Indoor Clinics: Wed. October 18, 2 pm - 6 pm
Thurs. October 19, 10 am - 2 pm

Rocky Hill Community and Senior Center

Indoor Clinics: Wed. October 25, 2 pm - 6 pm
Thurs, October 26, 10 am - 2 pm

To book an appointment visit www.ccthd.org after Sept.1. For assistance making an appointment, call 860-785-8380 ext. 216

Clinical Health Services September 2023

September 11th, 10am-12pm
Pre-Diabetes "Healthy Lifestyles" Class: Registration required.

September 6th, 6pm-7pm
Substance Use Disorder Friends & Family Support Group: Registration suggested, but walk-ins accepted.

September 5, 12, 19, 26th, 3pm-6pm
Walk-in Substance Use Disorder (SUD) & Recovery Support: No appt. needed.

September 11, 18, 25th 10am-2pm
Walk-in COVID-19 Rapid PCR Testing: No out of pocket cost & results in about 30 minutes. If symptomatic, masks required.

September 20th, 6pm-7pm
Overdose Education & Naloxone (Narcan) Training: Registration required.

To register and for more information on classes and events:

Call 860-328-5247 or
visit www.ccthd.org/chs

**Additional dates & times for some services, by request.*

For news on additional events & resources, including fall flu clinics, please visit: **CCTHD.ORG**



Please find CCHD's Weekly Epidemiologist Report at: <https://www.ccthd.org/the-weekly-epidemiologist-report>

In these reports you will find relevant data regarding environmental and disease surveillance in our district.

FREE!

COVID-19 home test kits, N-95 masks and condoms.

CCHD main office lobby:
2080 Silas Deane Hwy
Rocky Hill

