

Berlin Parks and Recreation Department

Lifeguarding class



The Parks and Recreation Department will be offering the American Red Cross **Lifeguarding class** this summer, for residents and non-residents. There is a minimum of 6 and a maximum of 8 allowed. Prerequisites for the course are: you must be at least 15 years old, swim a 300 yards continuously demonstrating breath control and rhythmic breathing, tread water 2 minutes using only your legs complete a timed event including swimming 20 yards, surface dive & brick retrieval from 7-10 ft water, return to surface and swim 20 yards on back holding brick, exit water without using a ladder or steps.

Certificate earned includes lifeguarding/first aid/CPR/AED valid for 2 years. Classes will be held from 9 a.m.-12 p.m. at Percival Pool. The course will start on July 31 for approximately 10 classes, with August 11 as a test/makeup date, **you must attend every class**. The fee, which includes a resuscitation mask, is \$155 for residents and \$165 for non-residents. **Program #240201A**

The Berlin Parks and Recreation Department is accepting registration on-line through WebTrac on the Town's website at www.berlinct.gov or in person at 230 Kensington Rd, Berlin, CT 06037. Deadline to register is Friday, July 28 at 1 p.m.

Look for us on facebook.com/TownBerlinCT. For more information, call our Department at 860-828-7009.