# Berlin Parks & Recreation Department



# 2018 Fall Brochure

For more information call 860-828-7009

#### REGISTRATION INFORMATION

- 1. Special events are for Berlin residents only, unless noted otherwise. Currently taking registration for residents and non-residents for Yoga and Dog Obedience classes. Non-residents may register for all other programs beginning on September 4.
- 2. Registration, for residents, will begin in person or by mail beginning August 27 however registration for Yoga and Dog Obedience classes has already begun. Call the department to check if space is still available.

Registration in person will be accepted at the Berlin Parks and Recreation Department, 230 Kensington Rd., Monday through Wednesday 8:30 a.m.-4:30 p.m., Thursday 8:30 a.m.-7 p.m. and Friday 8:30 a.m.-1 p.m. Office is closed on September 3, October 8 and November 22 and 23.

If registering by mail, include a registration form, a check made out to the Town of Berlin and a self-addressed, stamped envelope and mail to Berlin Parks and Recreation Department, 230 Kensington Rd., Berlin, CT 06037 or include your email and the receipt will be emailed to you. Please do not forget to put the Program # on the registration form. Your receipt will be mailed back to you if accepted or your check will be returned if the program is filled.

**WebTrac** – Now you can register on-line through our WebTrac program! If you forgot your username or password, go into WebTrac and click on "Forgot your password" and the information will be sent to you. Browse our programs and register from the comfort of your home. Registration on-line has already begun for Yoga and Dog Obedience classes. Registration for all other programs begins at 8 a.m. on August 27 for residents and 8 a.m. on September 4 for non-residents. You can find the link to WebTrac by going onto the Town website, <a href="www.town.berlin.ct.us">www.town.berlin.ct.us</a> click on Government and find Parks and Recreation. Click on Register On-Line to get to WebTrac. Some restrictions may apply and not all programs are available on line.

VISA and Master Card will be accepted in person and on-line. Debit Cards will not be accepted.

We have a mailbox available, by the office door, for you to drop off registrations, after business hours but when the Community Center is open. These registrations will be processed the next business day, in random order, at our earliest convenience. *Checks only please*.

The Parks and Recreation Department reserves the right to cancel any program, which does not meet minimum enrollment requirements. Registration must be done in advance. In order to insure the continuance of each program, registrations must be made at least one week before the start of the program unless otherwise indicated.

3. **Cancellations** – Weekdays and weekends call the information line at 860-828-7100.

Oops! Despite our best efforts, errors sometimes make it into print. We apologize for any inconvenience these errors may cause.

#### BERLIN PARKS AND RECREATION DEPARTMENT

230 Kensington Rd., Berlin, CT 06037

Jen Ochoa	Director – Community, Recreation and Park Services	860-828-7010
Debbie Dennis	Superintendent of Recreation	860-828-7056
Terri Noyes	Administrative Secretary	860-828-7009

#### **Cancellation and Refund Policy**

- 1. Refund will be automatic if a program is cancelled or registrants on waiting list are not included in program. Processing fees will not be charged for refunds due to cancellations or not being taken off the wait list.
- 2. Refunds will not be issued on requests made less than 3 business days before a program begins. All refund requests for any reasons other than cancellation by the Town or failure to include a registrant on a waiting list must be in writing and received by the Town at least three business days before the program begins.
- 3. All requests for refunds will be charged a processing fee of 10% of the amount, minimum of \$5/maximum of \$50. Fees will not be charged if Parks and Recreation cancels the program.
- 4. Refunds will not be given on finalized trips, program tickets or season passes.
- 5. No refunds will be given after a program has started.
- 6. When program fees are paid by credit card and a refund is approved, that refund will be on that credit card.
- 7. Exceptions to this refund policy will be made in the sole discretion of the Superintendent of Recreation and must be based upon hardship or other good cause demonstrated by the registrant. Processing fee will be charged.
- 8. Policy does not apply to Timberlin Golf Course.
- 9. All refunds by check will take up to four weeks to process from the time of request. Refunds will be mailed to you.

# PRE-SCHOOL and YOUTH PROGRAMS – Age is based on age on the first day of the program, unless noted otherwise

Learning Adventures with M.S.M.A.R.E (Learning Adventures with Math, Science, Music, Art, Reading & Exploration) - Children will travel on a different Learn-As-You-Play classroom adventure with Ms. Marianne each week for 6 weeks. Each class is an exciting and educational environment rich with different techniques for your children to learn. We will explore lessons through music, enhance fine motor skills with creative playtime, dive hands first into interactive math, science and literary learning, as well as constructing weekly themed class projects. Various themes for the classes will be: Fun with Shapes and Colors, All About Me, A if for Apple, Fall Fun, Pumpkin Time and Halloween Fun. Program is for ages 3-5 and will be held on 6 consecutive Friday's beginning on September 21 and ending October 26 and go from 9:30-11 a.m. All classes are at the Berlin Community Center. Fee for residents is \$150, non-residents is \$160. (Fee includes cost of materials.) **Program #310501A** 

**Exploring Dance** – Children ages 3-5 will experience the enjoyment of ballet, tap and jazz through creative movement during this 30-minute class held on Saturday's from 9-9:30 a.m. at the Berlin Community Center. Elizabeth Cook-Asal is the instructor. Classes will be held on Saturday's starting September 22 (no class September 29 and October 6), for 6 classes. Fee is \$35.00 for residents and \$45.00 for non-residents. **Program #310201B** 

**Dance Elements** – Children ages 5-8. This class will focus on Ballet and Tap technique, along with fundamentals of Jazz and Modern Dance. Students will begin working on dance steps, concepts and choreography. Ballet and Tap shoes are preferred but not required. Class will be held on Saturday's from 9:35-10:20 a.m. at the Berlin Community Center. Elizabeth Cook-Asal is the instructor. Classes meet starting September 22 (no class September 29 and October 6) for 6 classes. Fee is \$50 for residents and \$60 for non-residents. **Program #320201B** 



**Painting with Peggy** – Children will paint a masterpiece on a canvas with instruction led by Peggy Loehr, art teacher and painter. Just drop off your child and pick them up at the designated time. All classes will be held at the Berlin Community Center. Program is for K- 5<sup>th</sup> grade. Fee is \$25 for residents and \$35 for non-residents. All classes are held from 10-11 a.m.



Dragons, unicorns, dinosaurs theme – Saturday, September 22 & 29
Program #320401A

**Halloween/Thanksgiving theme** – Saturday, October 20 & November 17 **Program #320401B** 

Christmas theme – Saturday, December 1 & 8
Program #320401D

# Timberlin Golf Course offerings for youth for the fall

# **Columbus Day Junior Clinic**

This comprehensive junior clinic is open to golfers ages 5-12. Juniors will have the opportunity to hone their skills before Winter by redeveloping ALL aspects of the game.



We will work on putting, chipping, the full swing, and on-course management during the clinic, which will summarize the golf skills we went over during the Spring and Summer programs.

The cost is \$35 per player which includes lunch and instruction.

The clinic runs from 10:00am-12:00pm on MONDAY, OCTOBER 8th

To sign-up, please call the Golf Shop at (860) 828-3228 or email timberlinhp@gmail.com

A GREAT ACTIVITY FOR A DAY OFF FROM SCHOOL!

## **Fall Junior Clinics**

Schedule (Saturday Mornings)

### September 15-October 13

<u>Ages 5-9</u> – 10am-11am <u>Ages 10-14</u> – 11am-12pm <u>COST</u> - \$90

To sign up or for more information, please call (860) 828-3228 or email Timberlinhp@gmail.com

#### ADULT/YOUTH PROGRAM

Kangoo Power™ -for 13 years old to adults an explosive, highly motivating program, specifically designed to challenge the whole body by building muscular strength and cardio-respiratory endurance simultaneously. Each movement is designed to focus on core stability, ensuring a balanced workout that will challenge even the fittest. Basic moves are easy to follow and can be performed with growing complexity and intensity, as you progress. This program suits a broad range of class attendees regardless of fitness level. Kangoo Jumps rebounding shoes maximize effort, while preventing damaging impact to the joints. Instructor is Beth Perzanowski. Class will be held at the Berlin Community Center, on Thursday's for seven classes, September 20 to November 8 from 5:30-6:30 p.m. (no class Oct. 18) Fee for residents is \$75 and non-residents is \$85. **Program #334410A** 

## ADULT PROGRAMS

**Tai Chi** - Tai Chi consists of fluid gentle movements that are relaxed and slow in tempo. It has been proven to work by slowing down bone loss, improving balance, reducing falls and improving quality of life. Dress comfortably. This class meets on Wednesday's for 7 weeks. Classes are held at the Berlin Community Center from 11:30 a.m. – 12:30 p.m. Fee is \$56.00 for residents and \$66.00 for non-residents or drop-in and pay \$10 per class for residents and \$15 per class for non-residents. Class will be held September 12-October 24 **Program #334201A** and October 31-December 12 **Program #334201B** 

**Pilates** - Personal Euphoria, in Wethersfield is working hard trying to find an instructor for Berlin. Please check with the Department to see if any classes have been set up.

**Yoga classes** – All Yoga classes will be held at the Berlin Community Center. Melissa Kidder-Blake is the instructor.

Power Yoga - Develop strength, flexibility and endurance through this flowing practice. This class is a moving meditation of breath and postures. Power yoga creates space, lightness and stability in our bodies and calms our minds. The class will conclude with several restorative poses promoting deep relaxation. The practice will leave you refreshed and renewed.

Instructor can provide any necessary modifications making this class accessible to beginners. Classes will be held on Tuesday's from 7-8:15 p.m. starting September 4 (no class November 27). Participants can sign up for all 15 classes, September 4-December 18, \$100 for residents/\$110 for non-residents or for 9 classes from September 4-October 30, \$65 for residents/\$75 for non-residents and/or 6 classes, November 6-December 18 (no class November 27), \$50 for residents/\$60 for non-residents. Program #334301B for all classes, #334301B2 for September/October classes and #334301B3 for November/December classes

Introduction to Yoga Series –This series, for new students, teaches postures and their alignments. The classes focus on breath, and address one posture at a time. Learn to breathe fully and move with breath, as you increase flexibility and strengthen your body. Learn relaxation techniques that can be applied to reduce stress in your daily life. Please wear comfortable clothing and bring a yoga mat. Classes will be held on Thursday's from 7-8:15 p.m. starting September 6 (no class October 18 and November 22). Participants can sign up for all 14 classes, September 6-December 20, \$95 for residents/\$105 for non-residents or for 7 classes from September 6-October 25 (no class October 18), \$55 for residents/\$65 for non-residents and/or 7 classes, November 1-December 20, \$55 for residents/\$65 for non-residents. **Program #334301A for all classes, #334301A2 for September/October classes and #334301A3 for November/December classes** 

# **Dog Obedience classes**



All of the following dog obedience classes will be held at the former Pistol Creek Golf course, 600 Spruce Brook Rd. Professional Dog Trainer Wendy McGurgan and Assistant Trainer Shirley Coulombe are the instructors. Dog handlers should be at least 16 years old. Call for openings.

**Kindergarten Puppy Training** –The class is for puppies aged 2 ½ months to 6 months old. We will work on leash walking and the come, sit and down commands. Your puppy will also develop social skills and confidence. Learn how to praise and correct your puppy appropriately. Start a great relationship with your pup! We will

address problems like chewing, housebreaking and crate training. The first class is mandatory unless you are excused by the instructor. You will need a six-foot leash and we will discuss leashes and collars in the first class. **First class is held without dogs**. Please bring a copy of your puppy's current vaccinations to the first class. Fee is \$75 for residents and \$85 for non-residents. Class will be for seven weeks on Thursday's, September 13-October 25 from 6-7 p.m. **Program #365001B** 

Basic Dog Obedience Course – The class will cover basic commands for the family dog. Commands include sit, down, stay, heel, come and stand. You will learn how to correct bad habits such as jumping up and pulling on the leash. Learn how to praise, correct and discipline your dog appropriately. Dogs should be at least 6 months old. The first class is mandatory unless you are excused by the instructor. You will need a six-foot leash. We will discuss leashes and collars in the first class. First class is held without dogs. Please bring a copy of your dog's current vaccinations including Bordetella should be given to the instructor at the first class. Fee is \$75 for residents and \$85 for non-residents. Class will be for seven weeks on Tuesday's from 6-7 p.m. There will be two sessions the first from September 11-October 23 Program #365001A or the second from November 6-December 18 Program #365001A2

Better Basic Dog Obedience – This class is for dogs and handlers that have completed basic class. Emphasis will be on improving the skills learned in basic class. We will concentrate on the stay, heel, come and recall exercises and work with a greater level of distraction. This class will give you a better insight into your dog's behavior. You will need a six-foot leash. Dogs will be rewarded with verbal and physical praise, not food. Please bring a copy of your dog's vaccinations if not already on file. Fee is \$65 for residents and \$75 for non-residents. Class will be six weeks on Wednesday's from 6-7 p.m. There will be two sessions the first from September 12-October 17 **Program #365001D** or the second from November 7-December 19 (no class November 21) **Program #365001D2** 

# Timberlin Golf Course offerings for adults for the fall



#### **Get Golf Ready Adult Clinics**

Schedule (Sunday Mornings 10am-11am)

<u>September 9-October 7</u> COST - \$99

To sign up or for more information, please call (860) 828-3228 or email Timberlinhp@gmail.com

# **Women & Wine Golf Clinics**

Schedule (Tuesdays 5:00pm-6:00pm) \$15 per week, Includes Instruction & Beverage Voucher **Drop-In Sign-Up (means just show up when you can make it!)** 

August 28<sup>th</sup> Chipping

**September 4**<sup>th</sup> Full Swing/Course Management

September 11<sup>th</sup> Bunkers
September 18<sup>th</sup> Putting
September 25<sup>th</sup> Full Swing

# The Town of Berlin now has a Facebook page

Like us on Facebook www.facebook.com/TownBerlinCT

## FAMILY ACTIVITIES AND SPECIAL EVENTS

# 14th Annual Scarecrow Festival

On October 14, Scarecrows will be welcoming in the fall season on Farmington Avenue. Scarecrows will be displayed from Sunday, October 14<sup>th</sup> until Tuesday, October 30<sup>th</sup>. We are encouraging businesses, volunteer/civic organizations, families and individuals to create their own unique scarecrow to enter in the contest. Advertise your organization/business by making a scarecrow for this event. Whether it is traditional, humorous, whimsical or a celebrity you will be helping us create a fall atmosphere and country setting to our terrific Town of Berlin.

New this year, winners will be determined solely by the public so make sure you vote for the top scarecrows in all four categories plus Berlin's Best Scarecrow. Cast your vote at the following locations. Berlin Community Center, Berlin Senior Center and the Berlin Peck Memorial Library. Voting will

locations, Berlin Community Center, Berlin Senior Center and the Berlin Peck Memorial Library. Voting will open on Monday, October 15<sup>th</sup> at 12 p.m. and will close on Tuesday, October 30<sup>th</sup> at 4 p.m. Winners will be announced at 1p.m. on Halloween, Wednesday, October 31. Prizes will be awarded in all four categories plus Berlin's Best Scarecrow. Look for Scarecrow photos on the Town of Berlin's Facebook page <a href="https://www.facebook.com/TownBerlinCT">www.facebook.com/TownBerlinCT</a> or get a closer look by strolling down Farmington Avenue to see which creative scarecrows you will cast your vote for. One vote for each of the four categories (Adult/Organization, Business, Children/Organization, Family) plus Berlin's Best Scarecrow. Stop in and visit our local businesses for a little shopping or a bite to eat. For additional information on the Scarecrow Festival and registration forms, contact the Berlin Parks and Recreation office at 860-828-7009 or go to the town's website www.town.berlin.ct.us. Register in person or on-line. Entry fee of \$20 will cover the cost of the event and the awards.

# Halloween Monster Bash and Pumpkin Decorating Contest

The annual **Halloween Monster Bash and Pumpkin Decorating Contest** will be held on a Friday, October 26 from 6:45-8:30 p.m. at Willard School and is for Berlin youth only ages pre-school – 5<sup>th</sup> grade and their families. There is a \$3 fee per child, which will be collected at the door (this is a separate fee from the Trunk or Treat). All children 10 and under must be accompanied by an adult. The department is not responsible for children once they leave the building. Come in costume and enjoy the evening with activities that include members of the Upbeat program and a dj in the gym, various arts and crafts, games, Halloween Bingo and other spooky activities. If you come in costume, you can register for a chance to win a prize, random winners will be picked throughout the night, from the following categories; infant-5 years, K & 1<sup>st</sup> grade, 2<sup>nd</sup> & 3<sup>rd</sup> grade and 4<sup>th</sup> & 5<sup>th</sup> grade. Everyone who shows up in a costume has a chance to win!

The annual **Pumpkin Decorating Contest** will be held on the same night. You must pre-register to be eligible and can now register through WebTrac. It is open to Berlin youth only from pre-school through 5<sup>th</sup> grade. Categories include Most Frightening, Most Amusing and Most Creative. *Parents please remember this is a contest for the children, the children should be decorating them, please keep any assistance with their pumpkin to a minimum.* We will also have the People's choice pumpkin, where everyone that attends can vote for his or her favorite pumpkin. Pumpkins must be dropped off that night between 6-6:30 p.m. Winners will be announced starting at 8 p.m. To register for the pumpkin decorating contest, include the following program numbers:

**Program #360403A** – Pre K- K **Program #360403B** – Grades 1&2 **Program #360403C** – Grades 3-5





**Trunk or Treat** – The Willard School PTO will also have Trunk or Treat in the front parking area of the school on October 26 from 6:45-8 p.m. For only \$3 per child, you can go from car to car and get goodies. Simply pay at the entrance of the Trunk or Treat area. Help support the Willard PTO during this event.

### **FACILITY USAGE**

**BERLIN COMMUNITY CENTER** – The Berlin Community Center is open Monday-Thursday from 8:30 a.m.-8:30 p.m., Friday 8:30 a.m.-5 p.m. and Saturday 8 a.m.-12 p.m. The Community Center offers a variety of facilities and equipment for public use. The weight/exercise room offers free weights, a universal gym, treadmills, stair/step machines, elliptical machines and stationary bikes. There is an activity room with pool tables, ping pong tables and air hockey and a number of rooms that can be rented for meetings. For more information or to inquire about a room rental, contact Debbie Dennis at 860-828-7056.

# Winter Basketball – Registration starts Monday, September 24

Registration for **boys 3-8 and girls 3-9 grade basketball** will begin on Monday, September 24. Information will be on the Berlin Public Schools website under Community Announcements and the Town of Berlin website the end of September or stop by the Parks and Recreation Department September 24 for information. **Space is limited for all grades so register early!** 

Deadline to register is Thursday, October 25 7 p.m., <u>if space is still available</u>. Registration information for boys and girls 2<sup>nd</sup> grade basketball will be out in the winter brochure in December.

Don't forget you can use WebTrac, our online registration, to register for basketball!

Calling all coaches - Volunteer <u>head</u> coaches are needed and must fill out a background check form which can be obtained at the Parks and Recreation office or on the Town website, starting September 24. Even if you coached last year, you must fill out the form this year and your child must be registered to be considered for a coaching position.

Deadline to apply is October 18.