

CT Trailmixers - 2021 Ragged Mountain Race Proposal

Background:

The CT Trailmixers is a 501(c)3 organization through the Road Runners Club of America group exemption status with the IRS, and is headquartered in Norfolk. Our mission is to help people experience the joy of running trails in Connecticut.

In addition to helping people enjoy trail running, we're also committed to giving back to the community. The proceeds from our events go to various charitable organizations, including the Connecticut Forest & Parks Association (CFPA), which maintains the state's 800+ miles of blue-blazed trails; the Southington YMCA; and our own Shoe Scholarship Program (in partnership with Fleet Feet in West Hartford). The CT Trailmixers also organize trail maintenance and community clean-up events annually.

The 2019 Run Ragged event took place in June and raised over \$1,500 for charitable donations. The race was well received by the neighbors near the start line, and by local police and fire officials that regularly checked in on the event.

Race Overview

The race would start at 8:00am on Saturday 5/29/2021. All runners will have one hour to complete the 3.11 mile course outlined below, and any runner not completing the loop in the hour is eliminated. At 9:00, the runners start the second loop, at 10:00 the third, etc. The race continues until there is one runner left.

Considerations:

Environmental impact

The race will be limited to 50 participants. All runners will be mandated to stay on the proper trail so as to not disrupt any vegetation, animal habitat, fragile soils, or other organic ground cover. As a trail running community we strive to take only pictures, and leave only footprints. No pets will be allowed as part of the event. Ragged Mountain is one of the CT Trailmixers favorite places to run, and we regularly host group runs in the area. We love and respect the land, and will ensure the utmost care of the trails.

Parking

Parking is limited at the trailhead, and runners will park at an offsite location and will be shuttled to the start.

Waste

There will be a porta potty delivered the day before the race takes place, and will be removed the Monday after the race. All our races are "cupless" and we strive to create as little waste as possible. All physical waste created by the event will be removed by the race directors. Any runner littering is instantly disqualified from the race, and we will provide volunteer "sweepers" after the race who will walk the course and remove anything that may have been dropped.

Trail Marking

The course will be clearly marked with small yellow flags along the trail, with intersections clearly marked so runners do not go off course.

Noise

We understand that the trailhead is near a residential neighborhood – and want to respect the neighbors and their homes. All noise will be kept to a minimum after dusk, and we will personally introduce ourselves to the neighbors in advance of the event to ensure that they are knowledgeable and comfortable with the event.

Safety

The CT Trailmixers is a fully insured organization, and can add any institution as an additionally insured in advance of an event. There will be two CPR certified volunteers on hand at all times. Additionally, pre-race preparations are arranged with local Police and Fire department officials to have emergency services on site for the duration of the event.

Location:

3.11 mile loop starting and ending at the West Lane trailhead.



