

## MONTHLY MANAGEMENT REPORT

[Town Web Site: [www.town.berlin.ct.us](http://www.town.berlin.ct.us)]

[Library Web Site: [www.berlinpeck.org](http://www.berlinpeck.org)]

[Police Web Site: <http://berlinpd.org>]

[Timberlin Web Site: <http://www.timberlingolf.com>]

**TO:** The Honorable Mayor and Town Council Members

**FROM:** Jack Healy, Interim Town Manager

**DATE:** November 6, 2017

### A. Council Communications:

#### 1. Holiday Schedule:

- Thanksgiving Holiday: The Town Hall and all departments will be closed on Thursday, November 23<sup>rd</sup>, and Friday, November 24<sup>th</sup>, in observance of the Thanksgiving Holiday.

#### 2. Upcoming Events:

- Municipal Election: The Municipal Election will be held on Tuesday, November 7, 2017. All polling places will be open from 6:00 a.m. to 8:00 p.m.
- Veterans' Day Program: Berlin Public Schools will be sponsoring a Veterans Day Program on Thursday, November 9, 2017 at 7:00 p.m. in the Auditorium of Berlin High School. All are welcome to attend. Please reference the attached flyer for additional information.
- Veterans' Day Ceremony: The Veterans' Commission will be holding a Veterans' Day Ceremony on Saturday, November 11<sup>th</sup> at 11:00 a.m. at the Berlin Veterans' Memorial Park on Veterans Way. Refreshments will be served following the ceremony at the American Legion Post 68, 154 Porters Pass. In the event of rain, the ceremony will be held at the American Legion Hall at 11:00 a.m.
- Elected Officials' Swearing-In Ceremony: There will be a swearing-in ceremony for all newly elected Berlin Officials on Tuesday, November 21, 2017 at 6:00 p.m. in the Town Hall Rotunda. All are welcome to attend.

### B. Town Manager News:

The Capital Improvement Projects (CIP) Committee has met and begun drafting the Capital Plan for the 2018-2019 year. The operating budget packages have been sent out to the Town offices for their input. The State budget was passed and we can now move forward. The Town received approximately the amount of funding included in our budget. This year's budget process will be a

little different with the inclusion of the Board of Finance. We look forward to their inclusion in the process.

This is the last Monthly Management Newsletter being issued prior to Rachel Rochette's, Dave Evans' and Kristin Campanelli's "retirement" from the Town Council. On behalf of the Town Offices I thank them for their service and wish them well in their future endeavors.

**C. Department News:**

➤ **Berlin-Peck Memorial Library**

- The elevator construction began October 23<sup>rd</sup> and has a completion date of February 1, 2018.
- Working with Economic Development Director Chris Edge, we presented a program for businesses demonstrating a database of interest to them.
- Working with the Rotary Club for the second time, to present a program for the public on long term care.
- We sadly accepted the resignation of Reference Librarian Ursula Pendleton, who has been holding the fort at the Information Desk for ten (10) years.
- Seasonal events, *The Real Ghostbusters* and *Trick-or-Treating in the Library* were successes as always.
- Please see attached flyers for various events throughout the month.

➤ **Building Department:** The addition of our part time Assistant Building Official John Mascia has now become fulltime as of July 1<sup>st</sup> 2017. This hybrid position has taken on some of the workload of the Zoning department as well. The knowledge and professionalism of John's presence has been an asset to both departments and more so to the Town. The addition has allowed for the department to function and process permits more efficiently, become more thorough with inspections helping to ensure building and life safety, plan reviews, and follow up with administrative as well as building issues.

Below are statistics for the months of July, August and September of 2017:

<b>Residential</b>	<b>July 2017</b>	<b>Commercial</b>	<b>July 2017</b>
<b>New</b>	<b>0</b>	<b>New</b>	<b>1</b>
<b>Additions</b>	<b>0</b>	<b>Additions</b>	<b>5</b>
<b>Misc*</b>	<b>40</b>	<b>Misc*</b>	<b>3</b>
<b>All Other (Residential &amp; Commercial) Plumbing, Electrical, HVAC</b>			<b>53</b>

<b>Residential</b>	<b>August 2017</b>	<b>Commercial</b>	<b>August 2017</b>
<b>New</b>	<b>0</b>	<b>New</b>	<b>0</b>
<b>Additions</b>	<b>6</b>	<b>Additions</b>	<b>0</b>
<b>Misc*</b>	<b>41</b>	<b>Misc*</b>	<b>11</b>
<b>All Other (Residential &amp; Commercial) Plumbing, Electrical, HVAC</b>			<b>79</b>

<b>Residential</b>	<b>September 2017</b>	<b>Commercial</b>	<b>September 2017</b>
<b>New</b>	<b>5</b>	<b>New</b>	<b>0</b>
<b>Additions</b>	<b>1</b>	<b>Additions</b>	<b>1</b>
<b>Misc*</b>	<b>42</b>	<b>Misc*</b>	<b>8</b>
<b>All Other (Residential &amp; Commercial) Plumbing, Electrical, HVAC</b>			<b>56</b>

\*Misc: pools, sheds, rec-rooms, re-roof, demolition, vinyl, siding, signs, interior remodeling, etc.

There were a total of 102 permits issued in July, 137 in August and 113 in September. There was also a total of 174 inspections performed during the month of July, 211 in August, and 131 in September, which included building, electrical, plumbing, heating ventilation and air conditioning (HVAC).

## ➤ **Community and Parks and Recreation Services**

### Parks and Recreation

- The 13<sup>th</sup> annual Scarecrow/Fall Foliage Festival was held with 14 scarecrows entered. There were many creative scarecrows that lined Farmington Avenue until October 29<sup>th</sup>.
- The annual Monster Bash/Pumpkin Decorating Contest was held at Willard School on Friday, October 27<sup>th</sup>. We partnered with the Willard School PTO and they held their Trunk or Treat the same night.
- The Community Center hosted two flu clinics in October, run by the Central Connecticut Health District.
- Basketball registration is going well with over 50% of the participants using our online Webtrac system to register.
- Registration will begin on Monday, November 27<sup>th</sup> for residents for our winter programs. Nonresidents can register starting December 4<sup>th</sup>. Information will be available on the Town website.
- Santa's Parlor will be held at the Berlin Community Center on November 27<sup>th</sup> and 28<sup>th</sup> from 6-7:30 p.m. Berlin youth in preschool through 2<sup>nd</sup> grade are welcome to meet with Santa. Santa also asks everyone to bring a donation for the Food Pantry.
- We are again working with the Senior Center and Jerome Home to offer a balance class for seniors, at the Community Center.

- The 33<sup>rd</sup> annual Tinsel Fun Run, held in conjunction with the Berlin YMCA will be held on Saturday, December 2<sup>nd</sup>. The run will be held at Berlin High School starting at 11 a.m.

### Senior Center

- October's trips were to Villa Roma Resort, NY Oktoberfest, Vermont Fall Foliage, Oktoberfest @ Krucker's Resort in NY and Germanfest at Williams Inn in MA.
- October's Lunch Bunch Trip was to the Manor Inn in Milldale.
- Specialty Shopping Trips in October were to Meriden Square or Target in Meriden and Walmart in Cromwell.
- The movies for October were "Meagen Leavay" and "The Last Word".
- This month the Center held three "special" bingos – October 12<sup>th</sup> was provided by Ledgecrest Convalescent Home, October 19<sup>th</sup> was provided by Newington Rapid Recovery Rehab Center, and October 26<sup>th</sup> was provided by CT Adult Family Living Program.
- On Friday, October 6<sup>th</sup> Officer Ithier from the Berlin Police Dept. conducted a no cost training on the topics of identity theft, computer fraud, phone scams and information protection at the Center.
- A presentation on "What are Adult Day Center's really about? was offered on Wednesday, October 18<sup>th</sup>. The program was sponsored by Hartford Healthcare Senior Services.
- A "Meet and Greet the Candidates" was held at the Center on Tuesday, October 24<sup>th</sup>. Candidates had the opportunity to speak for three minutes. At the conclusion, they were able to mingle with seniors over coffee and dessert.
- Commission for Aging Fall Social was held Thursday, October 26<sup>th</sup>. The afternoon started with music provided by Airborne Jazz followed by a delicious dinner.
- Kensington Nursery School Halloween Costume Parade was held on Monday, October 30<sup>th</sup>. The seniors enjoyed their costumes and "spooky" songs.
- The Senior Center has started taking Energy Assistance application for those seniors that heat with deliverable fuel, electric and gas. The program runs through to May 1<sup>st</sup>.

### Social and Youth Services

- Our new Holiday Coordinator has started registering applicants for this year's Holiday Assistance Program. Last year we helped about 250 households at each holiday and anticipate similar numbers this year. The Police Department conducted a Stuff-a-Cruiser Food Drive at Stop & Shop on October 28<sup>th</sup> providing us with several pickup truckloads of food.
- The Department has also started taking Energy Assistance applications for the upcoming heating season. Eligibility is based on income, assets, and number of people in the household. We will continue taking applications throughout the heating season.
- The open enrollment period for Medicare runs from October 7<sup>th</sup> to December 15<sup>th</sup>. While we provide Medicare CHOICES counseling services year round, this is the busiest time for providing Medicare Assistance. We have a new volunteer CHOICES counselor who is helping out a couple of times a week during the open enrollment period.
- We also have a new Intern from the University of New Haven. She is a criminal justice major, and one of her projects will be to help us expand the resources available to the



Juvenile Review Board. In addition to that, she has been helping out with Holiday Assistance and some of our after school programs for children and youth.

- Working with McGee Middle School we have started a six session Youth Empowerment Summit after school group at McGee. About 30 students have registered for the group.
- We have scheduled a Red Cross Babysitting Course to be offered at McGee on three afternoons in November.
- In October we conducted four sessions of our When I'm in Charge after school program for 4<sup>th</sup> and 5<sup>th</sup> graders. All three elementary schools participated, and we are currently scheduling another round of this program for February.

### ➤ Development Services

Historic District Commission: The October meeting was canceled. There were no pending applications.

Planning and Zoning Commission: The October 12<sup>th</sup> meeting was canceled. A regular meeting and public hearings were held on October 26<sup>th</sup>.

- Bond releases were considered and approved for Lovely Development, Circlewood Drive and for Berlin Fire House, 1657 Berlin Turnpike
- 8-24 referrals were considered at the request of the Town Council and received favorable recommendations for partial abandonment of Grove Hill Right-of-Way adjacent to 462 Alling Street, and for granting a drainage easement for 76 Fuller Way.
- The public hearing considering regulations pertaining to solar panels remains open.
- A public hearing to not amend the regulations for the Growing, Producing and Dispensing of Marijuana in Berlin is scheduled for December 14<sup>th</sup>.
- Retyping of the Zoning Regulations to incorporate approved amendments into the body of the text has been completed. A public hearing on re-adoption of the re-print has been scheduled for December 14<sup>th</sup>.
- A site plan amendment of V. Brescia, for a 10,800 square foot industrial building (phase 5) at 205 Christian Lane was approved.
- A site plan amendment for driveway improvements, including landscaping, for Stan-Chem at 401 Berlin Street was approved.
- A protein shake shop, special permit use was approved for the new retail building adjacent to the new Acura dealership at 250 Berlin Turnpike.
- Façade grant applications were considered and approved for 80 Massirio Drive; 372 Main Street, and 384 Main Street.

### Zoning Board of Appeals (ZBA):

- The ZBA granted location approval for an on-premises restaurant beer-wine permit for the EastTokyo Restaurant at 1135B Farmington Avenue, in the Stop & Shop plaza.
- The ZBA granted a variance for a deck extension for the property at 68 Upson Avenue.
- The next Zoning Board of Appeals meeting is scheduled for November 28, 2017.

➤ **Facilities:** The Facilities Department approved and completed a total of 482 work orders from various Town departments and schools. In addition to the work orders and the follow-up punchlist items with the Berlin High School renovation project, the following projects have been in progress or completed within the last month:

- Surplus items are continuing to be sold on GovDeals.com freeing up storage space within buildings for better organization of operating materials.
- The NORESO Energy Performance contract received final approval and the project is underway. Facilities will be involved in the project until its completion, which has been extended to later this year.
- Completed the modification of the former Home Economics Classroom to accommodate it into a Keyboard Lab at McGee Middle School.
- Solar panels have been activated and are operational at all Elementary Schools and McGee Middle School.
- Replaced Exhaust Fan in the kitchen of Hubbard School.
- Installed new Exhaust Fans in the Board of Education lobby restrooms.
- Installed a new Water Treatment System for the Library and Community Center.
- Continued work on Police Department Dispatch Room and Radio System upgrades.
- Continued with assistance to the Library Elevator Project, which is scheduled for a February 2018 completion.

➤ **Finance:** PKF O'Connor Davies (the Town's external auditors) completed field work on-time during October. Draft financials were being prepared and the Comprehensive Annual Financial Report is still expected to be completed by early December.

The State House and Senate passed a bi-partisan budget in October. The budget provides lower Education Cost Sharing funding than in the Town of Berlin adopted budget, but this shortfall is made up for with a Municipal Stabilization Grant.

Interviews were held with two firms who bid on the Berlin Water Control Billing and Collections Request for Proposal. Both respondents have a strong background in water and sewer billing and collections. This move represents an opportunity for the Town to move forward technologically without a significant investment of time or money.

Revenue Collector's Office: A meeting was held on October 5<sup>th</sup> with our Marshall and Constables to discuss delinquent personal property collection. Policies and procedures were established for the enforcement of delinquent personal property. A list was assembled and split equally between the Marshall and Constables. The warrants were dated November 1, 2017 and continue for a period of 60 days.

The beginning stages have begun to set up a financial interface with the Revenue Collector's office and the Accounting software. This interface will enable both departments to balance each month with greater accuracy and efficiency.

October bills for water and sewer were processed and mailed on September 29<sup>th</sup>. Approximately 2,700 bills were mailed for quarterly usage and irrigation meters. Monthly bills for 31 customers were processed and mailed on October 5<sup>th</sup>.

Assessor's Office: Building permits continued to be entered for the upcoming year and permit inspections continued for the 2017 Grand List. Transfers of real estate ownership continued to be processed as part of day-to-day operations.

Inspections and data entry were processed and continued to be on schedule for the 2017 re-valuation. We continued mailings for interior inspections that started in January. These inspections are the ones we were unable to get into when we were there previously. Mailings to the sections remaining for full inspections (exterior and interior) began in March.

The office continued to process Certificate of Corrections for motor vehicles that were sold, stolen, totaled or transferred and for real estate as well. These included omitted items and items prorated for new construction.

Purchasing: The following is a summary of Request for Proposals (RFP's) and other major projects that were worked on during October:

- Invitation to Bid for Ford F-150 for Fire Marshal.
- RFQ (re-bid) for Water Control Billing Outsource Services – Opened October 4<sup>th</sup>.
- RFP for Payroll, Time and Attendance – Opened October 12<sup>th</sup>.
- Invitation to Bid for Snow Plows – Streets – Bids opened October 27<sup>th</sup>.
- Invitation to Bid for Snow Plows – Cul-de-Sacs – Bids opened October 27<sup>th</sup>.

Posting of Town/Board of Education surplus assets on GovDeals continues actively, with approximately \$973.50 earned on 31 completed auction listings since the start of Fiscal Year 2018.

➤ **Public Works/Engineering:** The following are activities that continue to be in process, or completed:

There were sixteen (16) Excavation Permits during September. We began charging \$10 for Burning Permits July 1, 2017, and there were four (4) issued in September.

Public Grounds: The following services were provided by the Public Grounds Department during the month of September 2017:

- Completion of walkway at Percival Soccer Field.
- Started to cut out lips and add infield mix to Sage 1, Dennehy and Centurelli Fields.
- Assisted Facilities in taking down and re-installing the scoreboard and sign at Zipadelli ballfield.
- Provided playground maintenance and playground safety surfacing to Community Playground, Worthington Ridge.
- Replaced the sign entering Town Hall Complex.
- Planted 200 mums throughout town.

Water Control: The Water Control Commission (WCC) has an on-going project to design and replace the existing booster pump station connection with the Metropolitan District

Commission (MDC) of Hartford. The project is in progress. When complete, the WCC will be able to utilize the half-million gallons per day supply from the MDC (up to one million gallons per day maximum). This pumping station cannot currently be used under normal conditions. Lenard Engineering has been given the contract to develop bid documents and oversight of the construction. LaRosa Construction (as low bidder) has been selected to manage this project. The new booster pump vault should be installed by late October, early November.

We have selected DPC, LLC to evaluate the sewer flows entering the Deming Road Sewer Pump Station. The intent is to evaluate the MDC sewage contribution to this pump station. DPC, LLC flow data is clear that the MDC contributes at least 80% of the flow into the Deming Road Pump Station. An invoice is being prepared for the MDC to be submitted for their share of the pumping service Berlin WCC provides. DPC, LLC is creating a design for an upgraded pump station.

DPC, LLC is conducting a Rate Study. This review and report should be completed in several months.

Well 1-B is now operational. We still need some work at the well field. The Connecticut Department of Public Health (DPH) has yet to give final approval. All physical connections of piping have been installed. The pump has been installed and re-tested and is fully operational. We are required to do additional copper/lead monitoring as a result of the new well, which is being re-evaluated by DPH.

The option of offering a *secondary meter* for individual customers utilizing significant outdoor water usage continues to be popular. The Berlin WCC purchased additional meters in the spring of 2016 to maintain an inventory in anticipation of a greater demand for secondary meters during the summer. Approximately 110 customers have now utilized this option and many have expressed how happy they are with it. This year, many homeowners have indicated that they have used their sprinkler systems minimally because rainfall has been sufficient.

We are in the process of working with Lenard Engineering to evaluate the Need and Design of a generator at the Elton Road well field. The report is complete, and staff is in the process of evaluating it and deciding on an option so it can be included in our Capital Improvement Plan (CIP). We anticipate this project will take place during the next fiscal year (possibly in the fall of 2018).

The Beckley Road Pressure-Reducing Valve has been re-built and is now completed.

The project to eliminate the Savage Hill Pump Station (with the engineering completed by MBA Consultants) is on-going. The directional drilling for this project is being re-bid because of the high prices on the first proposals. The second bid notice still has very high bids, so we are still considering traditional trenching to evaluate that cost versus directional drilling.

**D. Board/Commission News:**

None.

**E. CCM Correspondence:**

None.

**F. Project Updates:**

1. **High School Civil Rights and Accreditation Project:** No Change - Ongoing project updates, advisory committee meetings and bi-weekly owner meetings continue to occur along with published monthly updates prepared by Gilbane and placed onto the Town's website. Council receives abbreviated updates monthly as necessary. The project is now 98 percent complete. Contractors are working on punchlist items.
2. **Infiltration/Inflow Sewer Project:** We have received confirmation from the State Department of Energy and Environmental Protection (DEEP) on the viability of financing to undertake additional work within the Belcher Brook Watershed Trunk Line. Cardinal Engineering Associates has developed an Amendment #3 and Amendment #4 approved by Town Council on June 7, 2016. Camera evaluation of the Interceptor has been done. Both the Army Corps and the State DEEP have given the go ahead to proceed with the project. The project went before the Wetlands Commission in May for their approval. The project is being reviewed by DEEP. Berlin WCC Staff reviewed the final proposal before the application went to DEEP for funding consideration. We are adjusting the schedule so that it starts in the spring of 2018. We are preparing paperwork to submit to DEEP for a loan request and approval. Town Council will vote for temporary bonding for this project.
3. **Street Paving Projects:** No Change - Paving is complete on Winchell Drive, Woodruff Lane, Cole Lane, Briar Patch, Rabbit Trail and Partridge Lane. Old Brickyard Lane is currently under re-construction.
4. **Spruce Brook Bridge Over Spruce Brook:** No Change - Final design is nearing completion, including the incorporation of the historic elements of the site into the new structure. The local Inland Wetlands and Flood Hazard permits were approved in July. We are awaiting approval of both State and Federal permits. We expect to bid the project this spring, with construction anticipated to begin later this year. Currently, the bridge site is undergoing historic review; Historic Perspectives, Inc. is working with the Berlin Historic Society to minimize impacts to the site. Connecticut Department of Transportation (CT DOT) is working with the state Historic Preservation Office.
5. **Farmington Avenue Bridge (Over Sebethe River):** The bid opening occurred February 11, 2016. The low-bidder was Mastrobattisto, Inc. of Bristol, CT having submitted a bid of \$2,348,391.75. Several change orders have increased costs to approximately 3 million dollars to complete the project. Several delays with utility relocations have been encountered. The discovery of contaminated soils adjacent to the westerly abutment, have also delayed the project's progress. The project is approximately 98% complete. The Contractor was allowed to continue work during the winter shutdown period (December through March), weather permitting, in an attempt to bring the project back on schedule. Farmington Avenue was opened for vehicular traffic on Saturday, October 14<sup>th</sup>. The contractual completion date was established as July 30, 2017. Failure to be substantially complete at that time necessitated the Town to institute the contractually provided assessment of liquidated damages. These damages

are assessed at \$1,000.00 per day through October 14, 2017.

6. **Elton Wells – Water Control Commission:** No Change - Our new Well 1B is operational. We are still looking at some operational upgrades at the well field. We will also be required to conduct more testing as a result of the Connecticut Department of Public Health.
7. **Burnham Street Bridge and High Road Bridges:** No Change - The permitting and easement process is in progress, and final designs have been received. The bids for the High Road project were received and opened on March 23<sup>rd</sup>. As you are aware, Town Council awarded the project to be constructed by Martin Laviero of Bristol, CT. Due to a recent change in the State DOT construction oversight approvals, the start of construction will be delayed until the spring of 2018 to avoid a winter-long road closure. The Burnham Street Bridge construction is scheduled for 2018.
8. **Manual on Uniform Traffic Control Devices (MUTCD) Sign Project:** No Change - The Town has begun a project replacing the traffic signs in compliance with the Federal Highway Standards MUTCD. This work will continue to be an ongoing project for the next several years.
9. **Streetscape Improvements:** Cardinal Engineering is in the process of doing a survey of the triangle made up of Main Street, New Britain Road and Farmington Avenue. This will give them a distinct “map” to modify the existing streetscape (as needed) as well as look to find ways to increase the # of parking spaces. A concept plan will be created and then presented to the property owners, Economic Development, Planning and Zoning, the Town Council, Fire Departments and Police Commission.
10. **Train Station Improvements & 889 Farmington Avenue Remediation:** We met with DOT and have found out that the immediate plan is to not reconstruct a building on the footprint of the former Berlin Train Station. Future options are being looked at, but no definitive plans for a new building are in place, due to a lack of resources and concrete plan. The RFQ has been released for the three (3) parcels for private mixed-use development on 889, 903, and 913 Farmington Avenue. To date, five (5) different developers have reached out to Chris Edge with all five doing a tour of the area and the Town of Berlin. The response date is December 5, 2017.
11. **1567 Berlin Turnpike Environmental Remediation:** Testing will be done through 2018 with Alta Environmental Corporation, the firm who has been doing work to date.
12. **Façade Grant Program:** Three new projects were approved by the Economic Development and Planning and Zoning Commissions in October.
13. **Gateway Signs:** No Change - The signs have been installed throughout the town and feedback has been very positive.
14. **Kensington Village Sidewalk Project:** Complete Services LLC of Oakville, CT was awarded the contract in the amount of \$379,000.00 in May. Sidewalks have been constructed along Kensington Road, Camels Back, Four Rod Road, Burnham Street and Grove Hill. The project

is essentially complete at this time. We are awaiting the utility company's pole relocations to be completed which in turn will allow the contractor to complete the project.

15. **Earl Wicklund (Stick Village):** Building 4 has been completed and is just in need of interior fit-out. Although no tenants have signed leases yet, activity and effort continues.
16. **ACURA/Retail Development:** A Grand Opening and ribbon cutting was held on October 19<sup>th</sup> with a large number of guests and dignitaries attending. We should be proud of this amazing building and that it is in Berlin.
17. **Forrest Machine/Christian Lane Development:** The 55,000 square foot building has been completed and the inside is now being fit-out. The expectation is occupancy by the end of 2017 or early 2018 bringing about 50 manufacturing positions to Berlin with new hires coming soon after.
18. **Berlin High School and Berlin Businesses:** Berlin High School saw its first partner event with Junior Achievement on November 1<sup>st</sup> with private sector individuals coming into the school to explain and work on interview skills with Juniors and Seniors. This was the first of four different events planned during this school year including some visitations to businesses.
19. **Civic Moxie Transit Oriented Development:** Civic Moxie's Report was released on October 30, 2017. I may be viewed at [www.letsdobizberlin.com/resources/civic-moxie-reports](http://www.letsdobizberlin.com/resources/civic-moxie-reports) or on the Town's website [www.town.berlin.ct.us](http://www.town.berlin.ct.us) under Community, News or Topics.

**G. Calendar Reminders:**

- Economic Development Commission, November 6<sup>th</sup>, 7:00 p.m., Room 8
- *Cancelled* - Historic District Commission, November 6<sup>th</sup>, 7:00 p.m., Room 7
- Inland Wetlands and Water Courses Commission, November 7<sup>th</sup>, 7:00 p.m., Room 8
- Housing Authority, November 8<sup>th</sup>, 5:00 p.m., Marjorie Moore Village, Main Office
- Berlin-Peck Memorial Library, November 8<sup>th</sup>, 6:30 p.m. Library Board Room
- Youth Services Advisory Board, November 9<sup>th</sup>, 4:00 p.m., John "Doc" McIntosh Room
- Commission for Persons with Disabilities, November 9<sup>th</sup>, 6:30 p.m., Room 8
- Public Building Commission, November 9<sup>th</sup>, 7:00 p.m., Board of Education Meeting Room
- Parks and Recreation Commission, November 9<sup>th</sup>, 7:00 p.m., Community Center Break Room
- Visiting Nurses Association Board, November 13<sup>th</sup>, 7:00 p.m., John "Doc" McIntosh Room
- Conservation Commission, November 14<sup>th</sup>, 6:30 p.m., Room 8
- Veterans' Commission, November 14<sup>th</sup>, 7:00 p.m., American Legion Post 68, 154 Porters Pass, Berlin
- Police Commission, November 15<sup>th</sup>, 6:30 p.m., Police Station Conference Room
- Planning and Zoning Commission, November 16<sup>th</sup>, 7:00 p.m., Council Chambers
- Commission for the Aging, November 20<sup>th</sup>, 7:00 p.m., Berlin Senior Center, 33 Colonial Drive
- Mattabassett District, November 20<sup>th</sup>, 7:00 p.m., District Administrative Building, 245 Main Street, Cromwell
- Town Council Meeting, November 21<sup>st</sup>, 7:00 p.m., Council Chambers
- Board of Finance Meeting, November 21<sup>st</sup>, 6:45 p.m. John "Doc" McIntosh Room
- Water Control Commission, November 28<sup>th</sup>, 7:00 p.m., Room 8
- Zoning Board of Appeals, November 28<sup>th</sup>, 7:00 p.m., Council Chambers



- Economic Development Commission, December 4, 2017, 7:00 p.m., Room 8
- Historic District Commission, December 4<sup>th</sup>, 7:00 p.m., Room 7
- Inland Wetlands and Water Courses Commission, December 5<sup>th</sup>, 7:00 p.m., Room 8
- Veterans' Commission, December 5<sup>th</sup>, 7:00 p.m., American Legion Post 68, 154 Porters Pass, Berlin
- Town Council Meeting, December 5<sup>th</sup>, 7:00 p.m., Council Chambers
- Conservation Commission, December 12<sup>th</sup>, 6:30 p.m., Room 8
- Housing Authority, December 13<sup>th</sup>, 5:00 p.m., Marjorie Moore Village, Main Office
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- Planning and Zoning Commission, December 14<sup>th</sup>, 7:00 p.m., Council Chambers
- Public Building Commission, December 14<sup>th</sup>, 7:00 p.m., Board of Education Meeting Room
- Parks and Recreation Commission, December 14<sup>th</sup>, 7:00 p.m., Community Center Break Room
- Mattabassett District, December 18<sup>th</sup>, 7:00 p.m., District Administrative Building, 245 Main Street, Cromwell
- Water Control Commission, December 19<sup>th</sup>, 7:00 p.m., Room 8
- Town Council Meeting, December 19<sup>th</sup>, 7:00 p.m., Council Chambers
- Police Commission, December 20<sup>th</sup>, 6:30 p.m., Police Station Conference Room

**H. Attachments:**

- Berlin Animal Control Monthly Statistics – September 2017
- Berlin Board of Education Veterans' Day Program Flyer
- Berlin-Peck Memorial Library Various Flyers
- Berlin "Senior Center Lines" – November 2017
- Central Connecticut Health District – August 2017 Monthly Report
- Town Budget Changes, Fee Waivers and Donations Reports – Fiscal Year 2017/2018

# BERLIN ANIMAL CONTROL MONTHLY STATISTICS

September 2017

prepared by Janice Lund, ACO

Total calls/complaints . . . . .49  
Total wildlife complaints . . . . .13  
**total all complaints** . . . . .**62**

*Dogs Impounded* . . . . .9  
*Cats Impounded* . . . . .6  
**Total Impounds** . . . . .**15**

**(Total abandoned at facility . . . . .0 )**

*Dogs/Cats redeemed* . . . . .5  
*Dogs Adopted* . . . . .1  
*Cats Adopted* . . . . .2  
**Total Adoptions** . . . . .**3**

*DOA (dead on arrival)* . . . . .1  
*Euthanized* . . . . .1

*Bites* . . . . .1  
*Summons/Municipal Code Violations* . . . . .1

*Rabies Exposures* . . . . .0  
*(wildlife contacts)*  
*Positive Rabies Exposures* . . . . .0  
*(wildlife tested positive)*

*Total Fees collected* . . . . .**\$ 92.50**

*Dogs first of month* .....02                      *Cats first of month* .....03  
*Dogs end of month* .....06                      *Cats end of month* .....05

Animals neutered/spayed by Fobac: 1      Animals Vaccinated: 3

Adoption clinics: 1                      Spay Clinics : 1

**The Berlin Public Schools  
cordially invite you to attend a  
**Veterans Day Program****

**Thursday, November 9, 2017  
7:00 p.m.**

**Berlin High School Auditorium  
139 Patterson Way, Berlin, CT**



**Parents, students, staff, and community members  
are welcome to attend the program.**

**Transportation is available for seniors wishing to  
attend.**

**Contact Tina Doyle at 860-828-7006 for arrangements.**

**Special seating arrangements are available  
by calling 860-828-6581.**





# An Introduction to Creative Nonfiction Writing

Do you have an interesting life?  
Have you always wanted to get it down on  
paper but were not sure how? This course  
will lead you in the right direction.

Wednesday, November 15 & 29  
6:30 pm

Please register for this event!

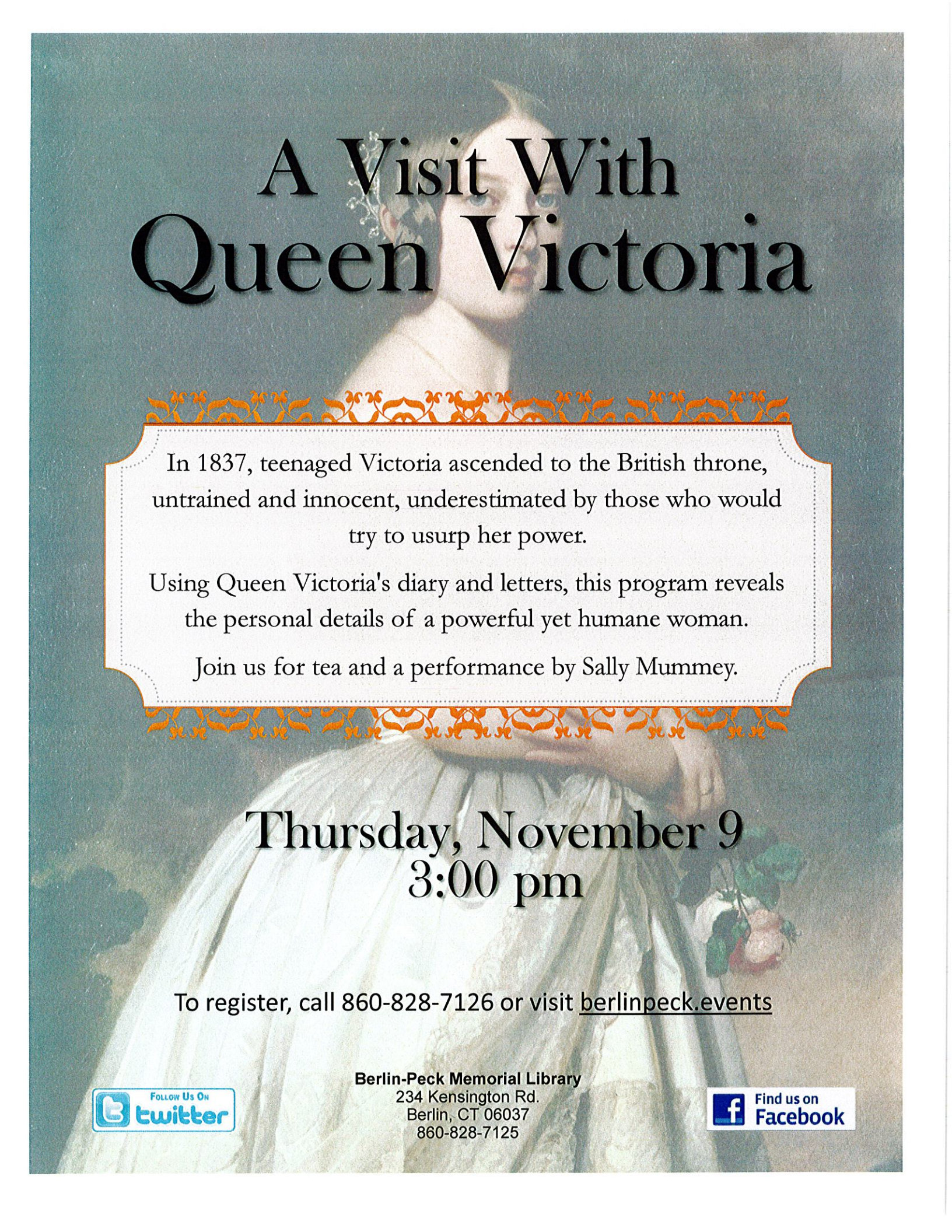
To register, call 860-828-7126 or visit [berlinpeck.events](http://berlinpeck.events)



Berlin-Peck Memorial Library  
234 Kensington Rd.  
Berlin, CT 06037  
860-828-7125







# A Visit With Queen Victoria

In 1837, teenaged Victoria ascended to the British throne, untrained and innocent, underestimated by those who would try to usurp her power.

Using Queen Victoria's diary and letters, this program reveals the personal details of a powerful yet humane woman.

Join us for tea and a performance by Sally Mummey.

Thursday, November 9  
3:00 pm

To register, call 860-828-7126 or visit [berlinpeck.events](http://berlinpeck.events)



Berlin-Peck Memorial Library  
234 Kensington Rd.  
Berlin, CT 06037  
860-828-7125





# Long-Term Care Seminar

**You have your 401(k)... Your diversified portfolio... Your retirement nest egg...**

You've thought of everything – except for how to protect these assets should you need long-term care. It's a fact: Just one year in a Connecticut nursing home can cost more than \$146,000. And Medicare and health insurance may only cover a fraction of these costs.

Now there's a way to protect your life's savings. If you're 40 or older, long-term care insurance approved by the State's Connecticut Partnership for Long-Term Care should be part of your retirement plan. These policies assure you of the highest quality standards. They're affordable and provide asset protection, protect against inflation, and – most important – give you peace of mind through your retirement years.

**Come learn about how the State's Partnership for Long-Term Care can help you plan ahead for your future long-term care needs. No company specific products will be discussed, and there will be no sales or solicitations allowed – just information that you should know.**

**Wednesday, November 8  
6:30 p.m.**

**Please register for this event!**

To register, call 860-828-7126 or visit [berlinpeck.events](http://berlinpeck.events)

Berlin-Peck Memorial Library  
234 Kensington Rd.  
Berlin, CT 06037  
860-828-7125

*Sponsored by the Kensington-Berlin Rotary Club*





# Berlin-Peck Library Children's Department

# November



# 201

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			1 10:30 Itsy Bitsy Storytime Pre-walkers Drop-in	2 6:30-8:00 International Games Day All ages Drop-in	3 10:30 Mother Goose on the Loose Birth to preschool Drop-in	4
5	6 10:30 Busy Bumble Bees Ages 1-3 Drop-in	7 1:00-3:30 Button-making Grades K and up. Drop-in	8 10:30 Itsy Bitsy Storytime Pre-walkers Drop-in	9 6:30: Page Turners Grades 1-3 Registration is required.	10 10:30 Mother Goose on the Loose Birth to preschool Drop-in	11
12	13 10:30 Busy Bumble Bees Ages 1-3 Drop-in	14 6:30-7:30: PJ Storytime Families Drop-in	15	16	17 10:30 Mother Goose on the Loose Birth to preschool Drop-in	18 10:30 Family Thanksgiving Storytime Drop-in All ages
19	20 10:30 Busy Bumble Bees Ages 1-3 Drop-in	21	22 10:30 Itsy Bitsy Storytime Pre-walkers Drop-in	23 <b>LIBRARY CLOSED THANKSGIVING</b>	24	25
26	27 10:30 Busy Bumble Bees Ages 1-3 Drop-in	28 10:30 Bibliobop All ages, but geared to toddlers and pre-K. Drop-in	29 10:30 Itsy Bitsy Storytime Pre-walkers Drop-in	30 6:30: Nutmeg Book Club Grades 3-6 Registration is required.		



**Berlin-Peck Memorial Library**

234 Kensington Rd.  
Berlin, CT 06037 860-828-7127  
[www.berlinpeck.org](http://www.berlinpeck.org)







# Berlin-Peck Library Children's Department 2017

**Mondays, November 6, 13, 20, 27 at 10:30: Busy Bumble Bees** (recommended for ages 1-3)

Help your toddler work out their wiggles in this lively storytime that includes early literacy fun with stories, songs and action rhymes. The program will be followed by an open play session. *No registration is required.*



**Wednesdays, November 1, 8, 22, 29 at 10:30: Itsy Bitsy Storytime** (recommended for pre-walkers)

Help your baby begin a lifelong love of reading by joining us for this fun program, featuring stories, songs and movement activities. The program will be followed by an open play session. *No registration is required.*



**Friday, November 3, 10, 17 at 10:30: Mother Goose on the Loose** (ages birth to preschool)

Help your child develop early literacy skills while having a great time! This program combines music, movement, nursery rhymes, instruments and books. Aids in developing literacy skills, and strengthens bonds between caregiver and child. *No registration is required.*



**Thursday, November 2, 6:30-8:00: International Games Day**

Whether you're a beginner or an expert, come and enjoy the recreational, educational and social value of games. Family fun for all ages! *No registration is required.*



**Tuesday, November 7, 1:00 – 3:30: No School Day: Button-Making** (grades K and up)

Create an individualized button design, using your own drawing or magazines. Put them on clothes, bags, or give to a friend!

*Grades K and up; Grades 2 and under with a caregiver. No registration is required.*



**Thursday, November 9, 6:30: Page Turners** (recommended for grades 1-3)

This month we are reading The Secret Chicken Society by Judy Cox. Copies are available in the Children's Department. Join us for this exciting group which incorporates fun books with games and crafts!

*Registration is required, and begins October 12.*



**Tuesday, November 14, 6:30: PJ Storytime** (ages birth to preK and families)

Wear your PJs and bring your favorite stuffed friend for a bedtime-themed storytime!

A great opportunity for caregivers who work during the day to join us at the library.

*No registration is required.*



**Saturday, November 18 at 10:30: Family Thanksgiving Storytime** (all ages)

All are welcome! Join us for a special Thanksgiving-themed program, featuring stories, songs, and activities related to the upcoming holiday!

*No registration is required.*



**Tuesday, November 28 at 10:30: Bibliobop** (all ages)

Are you ready to shake your sillies out? Join us for a story followed by some energetic dancing, singing, and playing! For all ages (geared to toddlers and preschoolers).

*No registration is required.*



**Thursday, November 30, 6:30: Nutmeg Book Club** (recommended for grades 3-6)

This month we are reading one of the 2018 Nutmeg nominees, Took by Mary Downing Hahn. Copies are available in the Children's Department. Join us for this exciting group which incorporates fun books with games and crafts! *Registration is required, and begins October 26..*







BERLIN SENIOR CENTER

## Center Information

33 Colonial Drive,

Berlin, CT 06037

Phone # (860) 828-7006

Fax: (860) 828-7116

Email: [tdoyle@town.berlin.ct.us](mailto:tdoyle@town.berlin.ct.us)

[jasevigny@town.berlin.ct.us](mailto:jasevigny@town.berlin.ct.us)

## Staff

Director ..... Tina Doyle

Asst. Director .... Jane Sevigny

## Hours

Monday..... 8:30pm-4:00pm

Tuesday .....8:30pm-4:00pm

Wednesday ..... 8:30pm-4:00pm

Thursday..... 8:30pm-4:00pm

Friday ..... 8:30pm-4:00pm

## Membership (Ages 60+)

Resident: No Cost

Non-Resident: \$36 Annually

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# BERLIN SENIOR CENTER LINES

NOVEMBER 2017

## Greetings from the Director

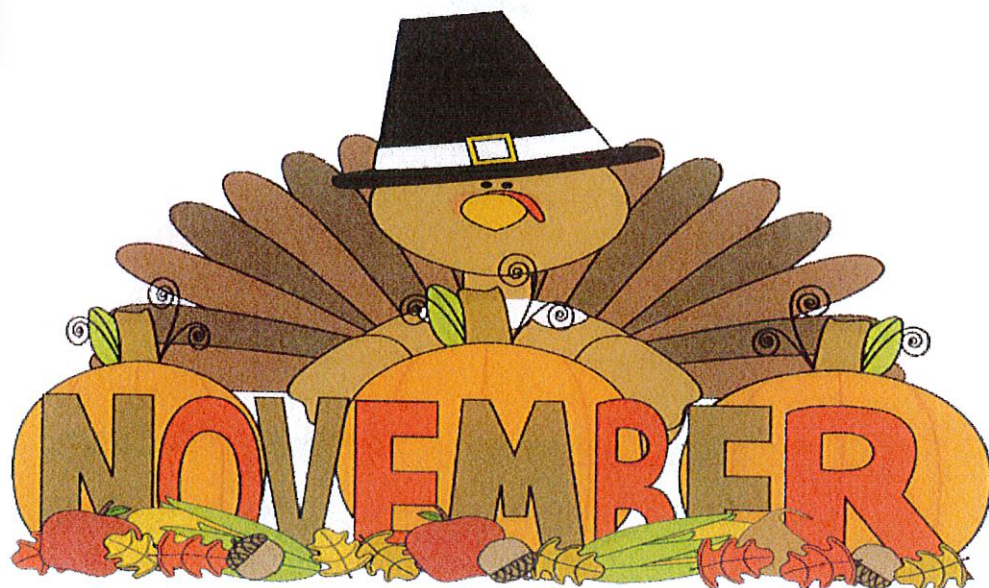
This month is our annual Holiday Boutique which is held on Election Day, November 7th from 8:30am to 3:00pm. We will have some wonderful raffle baskets, lovely handmade items, puzzles, books & small tag sale items. We will be selling homemade soups and sandwiches for lunch. I hope you will come and support us.

The Center will be celebrating our Veterans on Friday, November 10<sup>th</sup> at 8:30am with a breakfast. The breakfast is for veterans only. Please make sure you sign up

We will also be providing transportation to any senior that needs a ride to the Veteran's Program at Berlin High School on Thursday, Nov 9th at 7:00PM. Please contact the Center if you need a ride.

Please note: The Senior Center is open on Veteran's Day, but closed on Thanksgiving & Friday, Nov 24<sup>h</sup>. The staff at the Center would like to wish you and your families a Happy Thanksgiving!

*Tina*





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Fax: 860.229.9007  
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Archdiocese of Hartford

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Berlin VNA



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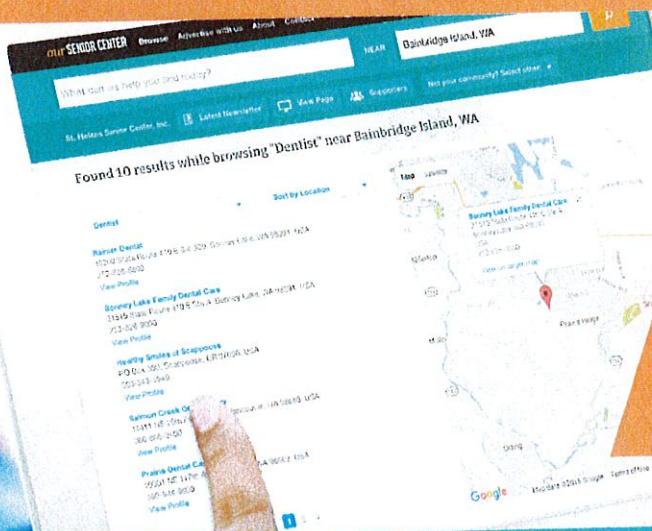
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Berlin Senior Center, Berlin, CT

06-5282



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## Transportation

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The Senior Center Buses and Van may be used by any Berlin resident who is age 60 and older, or any person with a disability, 18 years or older. These vehicles are equipped with a wheelchair lift and operate Monday-Friday from 8:30am to 3:30pm. Service is curb to curb; therefore, riders that may require assistance getting to or from the curb should be accompanied by a companion who can provide such assistance. The driver may use his discretion to determine whether or not transportation will be provided in the event that safety is a factor. This includes personal modes of passenger's mode of transportation must be able to be tied securely, both in the front and back of the unit. In the case of Scooters, the passenger must be able to transfer to a seat on the Senior Center vehicle.

### Bus Shopping & Schedule Information

Reservations and cancellations call: (860) 828-7006.

Please remember to have the address of the doctor and the time of appointment in front of you when calling to reserve a ride. You are responsible for having the correct information. For your ride home from a scheduled appointment call: (860) 250-0510.

We do medical appointments in Berlin and New Britain only. All medical appointments should be scheduled between 9:00am and 1:15pm. Reservations must be made at least 48 hours in advance. We do regular appointments in Berlin only. (Banks, pharmacies, post office, hair and nail salons and any town buildings). Reservations must be made at least 24 hours in advance.

All bus reservations must be made during our regular business hours, **8:30AM to 3:30PM**. All calls for rides home **MUST BE MADE BY 3:00 PM**. Cancellations can be taken at anytime. Voicemail is available after normal business hours. You are allowed two stops per day except when going to the grocery store.

**Our weekly grocery shopping schedule is Monday -Stop & Shop, Tuesday -Shop Rite and Wednesday -Stop & Shop** We can take up to a maximum of six (6) shoppers except when the Director approves for more than six. All riders should be ready one hour in advance of their scheduled appointment time. We are unable to provide transportation to and from medical procedures, Dialysis or discharges from the hospitals or other facilities. **You are not allowed any unscheduled stops unless the Senior Center Director has approved it.** \*This vehicle has been paid in part by a grant from the Federal Transit Administration-Section 5310 and therefore extends transportation services to disabled Berlin residents regardless of age. Please contact the Senior Center at (860) 828-7006 to request transportation.

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## Other Transportation...

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### Other Transportation Resources Available in the Central CT Area:

**Paratransit** - is designed to help individuals with disabilities of any age that are unable to navigate the city buses. ADA picks you up at your home, brings you to and from your destination To schedule an ADA trip, call (860)724-5340 and select 1. The reservation Department will provide you with your new Greater Hartford Transit District ADA ID number when you call. For information about the program, call 860-247-5329, Ext 3100 or visit the District's website at [www.hartfordtransit.org](http://www.hartfordtransit.org).

**Way to Go CT** - in Hartford helps inform senior citizens, veterans & people with disabilities in north central Connecticut with their available transportation options. They serve 37 towns in the Greater Hartford Area in Central Connecticut to help you navigate your transportation options. For more information please call 860-667-6207.

**The Medical Transportation Volunteer Program** - The Retired Senior Volunteer Program (RSVP) provides seniors in our area a method of access to **free**, reliable, non-emergency medical transportation. Seniors requesting rides for the first time will call the RSVP Office and provide initial client information. From that point forward when they need a ride, they will be in the system and can call with their specific ride information. If you have any questions or would like to request a ride please call (860)760-3088 or (860)760-3077.

**DISCLAIMER:** The Berlin Senior Center does not have anything to do with the above mentioned transportation programs. If you have any issues with these organizations, you must deal with that provider directly. We are listing them as another resource for when we cannot accommodate your transportation requests.



## Senior Center Trips

Nov 9<sup>th</sup> - Westchester Theatre "Annie Get Your Gun" You will enjoy a matinee performance at the Westchester Broadway Theatre where lunch is included. Choice of entrée upon arrival. After lunch, you'll watch *Annie Get Your Gun*. **Cost: \$104.00 Per Person.** Itinerary subject to change and availability. Sign ups still being taken.

Nov 17<sup>th</sup> Radio City Christmas Spectacular Upon arrival in NYC enjoy lunch at the famous Italian restaurant Carmine's. After lunch, you're off to enjoy the 2017 Edition of the Radio City Christmas Spectacular, starring the world-famous Rockettes. This is a Holiday Getaway that can't be missed.. **Cost: \$198.00 Per Person.** Itinerary subject to change and availability. Sign ups still being taken.

Dec 12<sup>th</sup> - Boars Head Feast Williams Inn w/ Bright Nights You'll arrive in Williamstown, MA for a day filled with merriment and a wonderful Christmas Feast. After your afternoon of food and entertainment, you will stop at the Bright Nights holiday light display for some breathtaking sights. **Cost: \$109.00 Per Person.** Itinerary subject to change and availability. Sign ups still being taken.

Dec 14<sup>th</sup> - Holiday Train Show at NY Botanical Gardens Lunch is at Ann & Tony's, located on the famous Arthur Avenue. A 5th generation Bronx landmark. After lunch, you will enjoy the Holiday Train Show at the New York Botanical Gardens. Join us for this wonderful holiday getaway! **Cost: \$102.00 Per Person.** Itinerary subject to change and availability. Sign ups are still being taken.

Dec 13<sup>th</sup> - 15<sup>th</sup> Amish Christmas Getaway Spend three days in Lancaster, PA enjoying good food and beautiful sights. You will enjoy two shows—"White Christmas" and "Miracle of Christmas" during your visit along with shopping at the Amish Quilt & Craft Shop and at the Kitchen Kettle Village. There will be a stop at the National Christmas Center and Elva's Barnyard Studio with a presentation by Elva Hurst. You'll head home with many, many wonderful holiday memories! **Cost: \$475.00 PP Double, \$600.00 PP Single, \$455.00 PP Triple.** Itinerary Subject to Change and Availability. Cancellation Insurance is available and recommended for this tour. Sign ups are still being taken.

Dec 19<sup>th</sup> - Polynesian Christmas with Bright Nights—Depart to Chicopee, MA to the Hu Ke La Restaurant and Dinner Theater. Enjoy a complete luncheon featuring of Prime Rib or Chicken and Broccoli with Pork Fried Rice. Following lunch we will enjoy a "Polynesian Christmas" show featuring Polynesian dancers, traditional Hawaiian Christmas dances and Christmas songs. After the show, we will depart for the Holyoke Mall and the Christmas Tree Shop. Our last stop today is at Forest Park in Springfield, MA where the Bright Lights Festival. **Cost: \$77.00 Per Person.** Itinerary Subject to Change and Availability. Sign ups are still being taken.

Dec 19<sup>th</sup>—UCONN vs Oklahoma Sooners at Mohegan Sun— Depart to Mohegan Sun Arena to enjoy a game between the UCONN Women's Huskies as they take on the Oklahoma Sooners. Includes transportation, tickets to the game, food voucher and Casino Bonus and driver's gratuity.. **Cost: \$69.00 Per Person.** Itinerary Subject to Change and Availability.

Jan 27<sup>th</sup>— UCONN vs Tulane at Gampel Pavilion—Enjoy a game between our favorite UCONN Women's Huskies as they take on the Tulane Green Wave. Game Time is at Noon. Includes transportation, ticket to game, and driver's gratuity.. **Cost: \$60.00 Per Person.** Itinerary Subject to Change and Availability

**BE ON THE LOOK OUT FOR THE LIST OF 2018 TRIPS IN THE DECEMBER NEWSLETTER!**

Note: We have a flyer on each of the trips listed above. Trip rules are on the back of the flyer. You may pick them up at the Senior Center or you can view them online in the Senior Services section.



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## Monthly Activities

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### Music & Pie

Friday, Nov 3rd at 1:00PM

Come enjoy the beautiful sound of this dynamic duo. Willie Nininger and Jan Schruggs are back for a repeat performance. They will have you tapping your feet and swaying to the beat before you know it. Immediately following the show you will enjoy a wonderful piece of pie along with a cup of coffee and/or tea. Sign ups are now being taken.

### Senior Center Holiday Boutique

Tuesday, Nov 7th from 8:30AM to 3:00PM

We are accepting baked goods, gently used books and puzzles and small tag sale items for the boutique. All items must be cleaned and gently used. Baked goods can be dropped off on Monday, November 6<sup>h</sup> and first thing Tuesday morning. All other items can be dropped prior to that date. All proceeds from this event go to the Senior Center.

### Special Bingo

Thursday, Nov 9th at 1:00PM

Ledgecrest Convalescent will be sponsoring this special Bingo on Thursday, Nov 9th at 1:00pm. A special refreshments will be served. Our regularly scheduled games will be played. No sign up is necessary.

### Veterans Day Breakfast

Friday, November 10th at 8:30am

Calling all Veterans! The Senior Center will be hosting a breakfast in your honor to celebrate your service to our great country. Sign up begins Nov 1st.

### Berlin Historical Society Story Share

Wednesday, Nov 15th at 1:00PM

On Wednesday, Nov 15th, from 1-3 pm at the Berlin Senior Center, the Historical Society will present another slide show of vintage photos chosen to inspire audience participation. This is the ninth in a series of story shares highlighting the history of neighborhoods and communities of Berlin. The focus of this session will be the southern part of town. To register for this free event, call 860-828-7006. The public is welcome.

### Posture and Pain

Wednesday, Nov 15th at 1:00PM

Learn how poor posture can lead to numerous muscular-skeletal problems, including back pain, neck pain, and joint issues as well as what you can do to improve it. This program is sponsored by the Jerome Home. Sign ups are now being taken.

### Turkey Bingo

Wednesday, Nov 22nd at 1:00PM

Come join us for our annual Thanksgiving bingo! Delicious Thanksgiving Day pies will be raffled off at the break. Our regularly scheduled games will be played. No sign up necessary.

### How to Obtain an Absentee Ballot to Vote

Absentee ballots can be obtained by calling or by contacting the Town Clerk's Office at (860) 828-7038. You will need to receive an application which needs to be filled out before the ballot is mailed to you. The last day to obtain an absentee ballot is Monday, Nov 6<sup>th</sup>. For those senior residents who need a ride to the polls on Election Day you may call either the Democratic Town Committee Headquarters or the Republican Town Committee Headquarters. The numbers are as follow: Democratic Headquarters : (860)930-7216 or (860) 997-5208 and Republican Headquarters – Anne Reilly # (860)538-3103



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## Weekly Classes

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Please note the change of day: The Tuesday Exercise class has been changed to Monday for the period of November 6th thru January 9th.

### Exercise for Wellness Class

EVERY MONDAY @ 9:45 AM "Getting ready to swing that golf club, work in the garden, or take that favorite walk? This class works your body head to toe. We are friendly, fun-loving group who meet weekly for an hour of easy to follow exercises designed to maintain strength, flexibility, energy, and mobility. Enjoy a pressure free environment where everyone works at their own pace. Join us. Choose to be active. And to age well. Please bring hand weights. Cost: \$4.00 per class. Instructor is Annette Banulski.

### Ceramics Class

EVERY WEDNESDAY @ 9:30AM

You can make beautiful gifts for family and friends. Our paints are non-toxic and the slip (clay) is all made in the USA. Our class meets for two hours and you will be learning many techniques to make a beautiful project. Cost: \$4.00 (plus cost of piece). Beginners are always welcomed. Instructor is Cathy Baran.

### Exercise for Wellness Class

EVERY THURSDAY @ 9:45 AM

Getting ready to swing that golf club, work in the garden, or take that favorite walk? This class works your body head to toe. We are friendly, fun-loving group who meet weekly for an hour of easy to follow exercises designed to maintain strength, flexibility, energy, and mobility. Enjoy a pressure free environment where everyone works at their own pace. Join us. Choose to be active. And to age well. Please bring hand weights. Cost: \$4.00 per class. Instructor is Annette Banulski.

### "Yoga Class"

EVERY FRIDAY @ 9:30 AM

Join Certified Yoga Teacher, Liz Hall and learn how to increase your strength and energy. Stretch and tone your muscles. Learn techniques to relax.. Cost: \$4.00 per class. Wear comfortable clothing and bring a mat or rug.

To Find Newsletter Online Go To:

[www.town.berlin.ct.us](http://www.town.berlin.ct.us) Govt/Dept./Senior Services/News Tab.

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## Drop Ins

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We Offer The Following "Drop In" Sessions at "No Cost"

ADULT COLORING Every Wednesdays at 1:00PM Coloring for adults has become a popular stress –reduction trend and a great way to relax. We will supply the coloring sheets and colored pencils.

SCRABBLE DROP IN – Every Monday at 10:00AM. All level of players are welcome.

CRAFTY KNITTERS - Every Wednesday morning at 10:00 AM. Do you like to knit or crochet? The crafters work on various projects that they sell at the senior center and donate to local hospitals.

CRIBBAGE DROP IN - Every Wednesday afternoon at 1:00 PM. All level of players are welcome.

DOMINOES Come and check out this hot new game. Every Wednesday afternoon. @ 1:00PM. All level of players are welcome.

SWEDISH WEAVING –Every Thursday @ 9:00AM. This craft is also known as "huck weaving . Create a unique blanket, pillow, table runner, etc. A list of supplies is available at the Center. Help is available.

MAHJONGG - Every Friday afternoon at 1:15 PM. All levels of players are welcome.

PHOTOGRAPHY – Every Friday afternoon @ 1:30 PM. Come and join our informal group of beginners to experienced photographers for camera and photography questions and discussions. Any kind of camera is welcome, whether its film, digital or slides. The group discusses camera features, subject, lighting, composition, as well as alterations on a computer.

Wii BOWLING - Looking for bowlers! Come one; come all every Friday at 12:45 PM to join us for some "interactive" bowling in our multi-purpose room. It's fun and its easy exercise. Want to learn about the other Wii Games available. Just stop in and check it out. If you are interested in joining the Friday group or joining our Wii Bowling Team, the "Retire-wiis" please contact Tina or Jane.

NEWCOMERS ARE ALWAYS WELCOME

If you are interested in starting a new Drop In please see Tina.



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## Health Services

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### Catholic Charities

Counseling Services Available At the Berlin Senior Center Do you feel like you need to make some changes in your life but don't know how? Do you find yourself worrying a lot about everything or anything? If the answer is YES then make an appointment. A licensed counselor from Catholic Charities can meet with you in a private, confidential setting. This is a free service made available through a Marjorie Moore grant. Call (860) 225-3561 x7119 to make an appointment.

Footcare Program (By Appointment Only) The Berlin Senior Center offers low cost foot care for seniors provided by a specially trained registered nurse. This month's program is scheduled for Thursday, Nov 9th and Friday, Nov 17th. Services are provided by Catherine Brennan, RN, and include general assessment of the feet and lower extremities, trimming, filing and cleaning toenails, reducing of corns and calluses, massaging, lotioning and powdering of feet. Referrals to MD/Podiatrist when necessary. \*Fee is \$29.00. Please no diabetics. Call the senior center at 828-7006 to schedule your appointment. Home visits are scheduled by speaking directly with the foot care nurse. Home visits are available at a cost of \$50.00 per visit. Her home phone number (in Wethersfield) is (860)513-1040.

Free Health Clinics The Berlin VNA will hold the following "FREE" health clinics at the Berlin Senior Center. All clinics are "free of charge" and no appointment is necessary. For more information, call the Berlin VNA at (860) 828-7030.

Tuesday, Nov 7th	12:45 PM ~ 1:45 PM	Blood Pressure Screening
Tuesday, Nov 14th	12:45 PM ~ 1:45 PM	Blood Pressure Screening
Tuesday, Nov 21st	12:45 PM ~ 1:45 PM	Blood Pressure Screening
Tuesday, Nov 28th	12:45 PM ~ 1:45 PM	Blood Pressure Screening

### Ladies Free Manicures

Tuesday, November 28th at 10:00AM Tina Bradbury from Newington Rapid Recovery Rehabilitation Center in Newington will be back to give "free manicures in the health room at the Berlin Senior Center. Please call the center to schedule an appointment. No walkins will be taken. Sign ups begin Nov 1st.

### Open Enrollment for Medicare D

#### October 15<sup>th</sup> to December 7th

Any clients – new or returning who wishes to be screened should call Doug Truitt, Assistant Director of Community Services at the Town Hall to schedule an appointment. You may reach Doug at 860-828-7059. His hours at the Town Hall are Monday-Wednesday 8:30am to 4:30pm, Thursday 8:30am to 7:00pm and Friday 8:30am to 1:00pm.





# November Menu



1% or Skim milk provided  
Margarine available

**MENU ITEMS SUBJECT TO CHANGE**

**SUGGESTED DONATION**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chicken Pot Pie Brown Rice Green Beans  Biscuit  Peaches	2 Grape Juice Crab Cakes with White Sauce Mashed Potatoes Tuscany Vegetables Rye Bread   Birthday Cake	3 Apple Juice Vegetarian Chili White Rice Carrots  Corn Muffin  Pears
	6 Grape Juice Sloppy Joe Mashed Potato Corn  Hamburger Bun  Rice Pudding	7 Hearty Vegetable Soup Unsalted Crackers Eggplant Rolette with Meat Sauce Buttered Ziti Peas Oatmeal Bread  Pineapple Chunks	8 Unbreaded Fish Filet with Lemon Butter Sauce Harvest Rice Stewed Tomatoes  Multi Grain Bread  Mandarin Oranges	9 Apple Juice Eye of the Round Beef Gravy Egg Noodles Peas and Carrots  100% Whole Wheat  Brownie with Topping
13 Cranberry Juice Chicken Ala King over Wild Rice Oriental Blend Veggies  Pumpernickel Bread  Pears	14 Swedish Meatballs with Sour Cream Gravy Buttered Noodles Beets  Rye Bread  Apricots	15 Apple Cider Roast Turkey with Giblet Gravy Stuffing Mashed Potato Butter Ginger Carrots Cranberry Sauce <i>Thanksgiving Special</i> Dinner Roll Pumpkin Pie with Whipped Topping	16 Cranberry Juice Lasagna Rollette Meat Sauce Romaine Salad French Dressing  Garlic Bread  Vanilla Pudding	17 Pier 17 Fish Tartar Sauce Mashed Sweet Potato Spinach  Dinner Roll  Citrus Sections
20 Meatloaf Brown Gravy Mashed Potatoes Green Beans  100% Whole Wheat  Apricots	21 Orange Chicken Au Jus Buttered Orzo Scandinavian Veggies  Multi Grain Bread  Fresh Apple	22 Orange Juice Fish Sandwich Sweet Potato Tots Chuck Wagon Veggies Tartar Sauce  Hamburger Bun Oatmeal Raisin Cream Pie	23 Happy Thanksgiving!  	24
27 Cream of Broccoli Unsalted Crackers Turkey Meatball Sub French Fries Mixed Veggies  Sub Roll Fresh Orange	28 Grape Juice Spaghetti with Chicken, Broccoli, Garlic, and Butter Parmesan Cheese Garden Salad Italian Dressing Garlic Bread Applesauce	29 Cranberry Juice Hamburger Baked Beans Cole Slaw  Hamburger Bun Cookies	30 Sweet & Sour Vegetable Soup Unsalted Crackers Sweet & Sour Pork Fried Rice Oriental Vegetables Fortune Cookie Oatmeal Bread Pineapple	



# NOVEMBER 2017

## Events

Monday

Tuesday

Wednesday

Thursday

Friday

6

8:30am AARP  
Defensive Driving  
Class  
10am Scrabble  
12:30pm Bridge  
Tournament  
1pm Setback  
Tournament

7

12:45pm B Pressure  
**Election Day  
Polling Site**  
No Exercise Class  
**Senior Center  
Holiday Boutique**

8

1 9:30am Ceramics  
10am Knitters  
1pm Cribbage DI  
1pm Dominoes  
1pm Adult Coloring  
1:30pm Book  
Discussion

2

9am Swedish  
Weaving  
9:45am Exercise  
1pm Bingo  
EA -by appt only

3

9:30am Yoga  
NO Wii Bowl  
1pm Music & Pie  
1:15pm Mahjongg  
1:30pm Photography  
Drop In

13

10am Scrabble  
12:30pm Bridge  
Tournament  
1pm Setback  
Tournament

14

9:45am Exercise  
12pm TED Talks  
12:45pm B Pressure

15 9:30am Ceramics  
10am Knitters  
1pm Cribbage DI  
1pm Dominoes  
1pm Adult Coloring  
1pm Story Share  
1pm Posture and Pain

16

9am Swedish  
Weaving  
9:45am Exercise  
1pm Bingo  
EA-by appt only

17

9:30am Yoga  
11:30am Lunch Bunch  
12:45pm Wii Bowl  
1:15pm Mahjongg  
1:30pm  
Photography DI

20

10am Scrabble  
12:30pm Bridge  
Tournament  
1pm Setback  
Tournament  
7pm CFA Mtg

21

9:45am Exercise  
12:45pm B Pressure  
1:15pm AARP Mtg

22 9:30am Ceramics  
10am Knitters  
1pm Cribbage DI  
1pm Dominoes  
1pm Adult Coloring  
1pm Turkey Bingo

23

**Thanksgiving  
Holiday  
Senior Center  
Closed**

24

**Thanksgiving  
Holiday  
Senior Center  
Closed**

27

10am Scrabble  
12:30pm Bridge  
Tournament  
1pm Setback  
Tournament

28

9:45am Exercise  
10am Manicures  
12:45pm B Pressure  
1pm Movie

29

9:30am Ceramics  
10am Knitters  
10:30am Shopping  
1pm Cribbage DI  
1pm Dominoes  
1pm Adult Coloring

30

9am Swedish  
Weaving  
9:45am Exercise  
1pm Bingo  
EA-by appt only

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## General Information

### Senior Center Lost and Found Box

Did you know there is a lost and found box at the Senior Center? It is located in the coat closet near the front desk.

### Save Your Box Tops and Campbell Labels

Labels for Education have been awarding free educational equipment to schools in exchange for proofs of purchase from the Campbell family of brands. It's an easy program where we can work together to help the schools in our community. Please save your Box Tops and labels and drop them off in the box in the multi-purpose room of the Center. We are now collecting for Willard Elementary School in Berlin.

### Free Balance Screening Certificates

If anyone is interested in a FREE Balance Screening please contact the Senior Center. You will be given a certificate for this "free" screening. The screenings will take place at the Jerome Home in New Britain. **These certificates were given by the Central Connecticut Senior Health Services.**

### Berlin Food Pantry

**"When hunger stops, so will we"**

We continued to collect non-perishables for our local food pantry. There is a box located in the Senior Center front foyer for any donations. The Berlin Food Pantry is located at the Town Hall. If you are need of assistance from the food pantry, please contact Doug Truitt at (860) 828-7059.

### Parking Reminder

Visitors to the Berlin Senior Center are asked to park in the upper parking lot. Handicapped spaces are available in the lower lot for those with a proper permit. Please make sure when you are parking in a handicap space that you do not park on the diagonally lined space next to it. Those spots are there specifically for visitors in wheelchairs. Any violator who has parked in spaces reserved for Percival Heights Housing residents will be towed away at their own expense.

### Computer for Public Use

There is a computer and printer located in the craft room that is available for seniors to use. Please check with staff to determine when the computer is available to use. The computer was purchase through funds donated from the Myrna Pauloz Berlin Senior Center Fund.

### CRIS Radio

There is a pre-tuned radio located in the Center's library for audio access for the Blind or Print-Challenged. This radio provides access to the same printed material that friends and family enjoy through our high quality electronic audio recording service. This device provides timely access to news and current events, expands knowledge, promotes independence and self-sufficiency and enhances the quality of life. Please ask a staff member for help in using the radio. The donation was made possible through a grant from the North Central Area Agency on Aging.

## FYI (For Your Information)

**Legal Services** provided by the Senior Law Program of the Greater Hartford Legal Assistance Office in Hartford offers seniors, age 60 and older, free legal advice. They handle legal issues regarding: housing, government benefits, family law, nursing home rights, etc. They also prepare advance directives such as power of attorney and living wills for seniors who are unable to leave their home or who have urgent medical problems. **PRIORITY IS GIVEN TO SENIORS WHO HAVE THE GREATEST ECONOMIC AND SOCIAL NEED.** Please call their Hartford Office at 541-5003 for more information.

**The Consumer Law Project For Elders** is a project of the CT Legal Services, a non-profit law firm. They help seniors resolve consumer problems. People, age 60 and older, (of any income level) can call them if they have a consumer problem. Their phone number is 1-800-296-1467, Monday through Friday from 9:00 AM to 9:00 PM.

**The Connecticut Telemarketing Do Not Call List** is now part of the National Do Not Call Registry. If you have previously signed up for the Connecticut Do Not Call List, your registration has already been added. If you want to register for the first time, call 1-888-382-1222. You must call from each phone number you want to register. No written, faxed or emailed registration will be processed. Your cell phone number can now be released to telemarketing companies and you may receive sale calls. You will be charged for these calls. To prevent this, call the above number from your cell phone

**Dial 211 Info line** is a partnership of the Connecticut United Ways and the State of Connecticut. It provides a single source for information about community services, referrals to human services and crisis intervention. It's toll free from anywhere in Connecticut and operates 24 hours a day, 365 days a year. Give it a try!

**Charter Oak Pass** provides access to the State of Connecticut's Parks and Recreation System and is available only to Connecticut residents, age 65 and older. There is NO CHARGE for this pass and is a life issue pass. Application forms are available here at the senior center or you may call the State Parks Department in Hartford at 424-3200.

**Free Cell phones:** If you are part of a government program such as energy assistance, SNAP, Medicaid, etc. you may qualify for a free cell phone through Assurance Wireless or Safelink. To see if you qualify for a free cell phone through Assurance Wireless call 1-800-395-2171. You can get more information on Safelink by visiting their website at [www.safelinkwireless.com](http://www.safelinkwireless.com).

### Key Keeper Program

This program is to assist Berlin residents in need when family, neighbors, or friends cannot be contacted. The key keeper is offered to persons of limited mobility and social contacts. This program is intended to reduce needless suffering and/or hardship on the part of sick or injured persons and to eliminate damage to property should forced entry otherwise be required. You will need to fill out a form that is available at the Sr. Ctr. or Police Station. You will take your key and form to the BPD.



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## Monthly Meetings

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### AARP CHAPTER 3035

The Berlin AARP Board of Directors will meet at 10:00 am on Tuesday, November 13th at the Senior Center. The monthly Chapter meeting will be held on Tuesday, November 21st at the Senior Center at 1:15pm. Entertainment will be by the Humblebees. Refreshments will follow. All members are requested to attend.

**REMINDER: Please remember to bring your donations of warm hats, mittens, gloves, and scarves for the Salvation Army.**

### COMMISSION FOR THE AGING MEETING

Monday, November 20th at 7:00PM

The Commission for the Aging meets six times a year at the Berlin Senior Center. They study the needs of seniors in town. They also analyze the services that are provided by the community, both public and private agencies, and make their recommendations to the Town Council. Berlin residents are invited to any of the meeting.

### MOBILE FOODSHARE

at Sacred Heart Church, 48 Cottage Street, East Berlin  
(Parking Lot behind the church)

Bus Transportation is available if needed.

PLEASE NOTE TIME CHANGE: Every other Friday 12:00 to 12:30 PM for the following dates:

**Nov 3 & 17, Dec 1, 15 & 29**

PLEASE NOTE: NO IDENTIFICATION OR PAPERWORK NEEDED

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## Donations

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The Berlin Senior Center does accept monetary and item donations. Each month the Senior Center recognizes our donors. The monetary donations are deposited in our Senior Center Agency Fund with the Town's Finance Department. The funds are used for programs/items needed at the Center. You may specify what you would like the donation used for, such as transportation, programs, food for an event, etc. If you have any other questions please contact Tina at 828-7006.

<u>Date</u>	<u>Donor's Name</u>	<u>Donation(Designated for)</u>
10/5/17	Anonymous	Senior Center
10/5/17	Anonymous	Senior Center
10/5/17	Joy Kasiski	Senior Center
10/20/17	Anonymous	Senior Center

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## TED Talks

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Tuesday, November 14th at Noon (Please note date change)

TED is a nonprofit devoted to spreading ideas, usually in the form of short, powerful talks (18 minutes or less). TED began in 1984 as a conference where Technology, Entertainment and Design converged, and today covers almost all topics from science to business to global issues in more than 100 languages. TED is a global community, welcoming people from every discipline and culture who seek a deeper understanding of the world.

We will have lunch while we enjoy the TED Talks. You may either order lunch from the kitchen or bring a brown bag lunch. The Center will provide the beverages and dessert.

**Sign up begins on Monday, November 6th**



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## Berlin-Peck Memorial Library Monthly Events

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**Charlton Comics Event: Wednesday, November 1, 6:30 pm** Are you a fan of comic books and superheroes? Meet the producer/directors of the new documentary on Charlton Comics, a comic book company right here in Connecticut that featured legendary artists and writers from the golden and silver age of comics.

**Sit and Knit: Thursday, November 2 & 9 & 16 @ 6:00 pm**

**Movie Showings: The Big Sick: Friday, November 3, 1 pm and Monday, November 6, 6:30 pm**

Rated R. 2 hours. Pakistan-born comedian Kumail and grad student Emily fall in love but struggle as their cultures clash. When Emily contracts a mysterious illness and is placed in a medically induced coma, Kumail finds himself forced to face her feisty parents, his family's expectations, and his true feelings.

**A Conversation on Russia: Saturday, November 4, 1:00 pm** Russia is in the news: the Olympic games in Sochi, the annexation of Crimea, the crisis in Eastern Ukraine, the deterioration of ties with Europe and the US through sanctions—and more. Explore current global geo-political issues with Sergei Kambalov, a Russian economist who has served at the UN for 21 years.

**Adult Coloring: Mondays, November 6, 13, 20, & 27, 1:30 pm** Every Monday in November. Looking for a way to relax, find your inner zen... and explore your artistic side? Look no further: coloring books are here to help! Your 5-year-old self would be so proud.

**Long Term Care Seminar: Wednesday, November 8, 6:30 pm** Come learn about how the State's Partnership for Long-Term Care can help you plan ahead for your future long-term care needs. No sales or solicitations – just information that you should know.

**A Visit with Queen Victoria: Thursday, November 9, 3:00 pm** Join us for tea with the Queen! Using Queen Victoria's diary and letters, performer Sally Mummey reveals the personal details of the woman who ascended to the British throne as a teenager.

**Stock Club: Tuesday, November 14, 1:30 pm** Join local investors for discussions on stock market trends.

**An Introduction to Creative Nonfiction Writing: Wednesdays, November 15 & 29, 6:30 pm**

Do you have an interesting life? Have you always wanted to get it down on paper but were not sure how? This course will lead you in the right direction! Discover the art of writing essays and memoirs.

**Movie Matinee: To Walk Invisible: The Bronte Sisters: Friday, November 17, 1 pm** Rated TV-PG. 2 hours. A chronicle of the Brontë sisters' battle to overcome obstacles and publish their novels, which would become some of the greatest in the English language.

**Coming in December:** Our annual gingerbread house contest and display...

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## Nutrition

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### Coffee Hour



The Senior Center has an informal “coffee hour” available Monday through Friday from 9:00 AM to 11:00 AM! Enjoy a fresh cup of coffee and/or tea for only 25 cent per cup! So drop by and chat with “old friends” and make new ones! Complimentary pastry is also available for those who buy a cup of coffee/tea. **ENJOY A “FREE” CUP OF COFFEE ON FRIDAYS FROM 9:00 AM TO 11:00 AM.**

### Berlin Senior Community Café –

#### Congregate Meals

Lunch is served Monday through Friday at 12 Noon. A donation of \$2.50 per person is requested. To order a meal, stop in & see CW Site Manager (after 10:30 AM) or call them at (860) 670-8546 between 10:30 AM - 12:00 PM only. When leaving voice mail please give your name, day and date you would like lunch. You must order your meal at least 24 hours in advance. If you cannot make lunch because of an illness or an emergency please make sure you notify the kitchen of your lunch cancellation.



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## Community News

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### Prints for Sale

If you are interested in prints of any of the photographs located on the wall at the Center please see Jane or Tina. The Senior Center Photography Club will be happy to make prints for you. The prices are as follows: **5 x 7 = \$5.00**, **8 x 10 = \$10.00** and **11 x 14 = whatever it costs to print**. The Photography Club has graciously agreed to donate all proceeds from the sale of these prints to the Berlin Senior Center. Thank you ladies and gentleman for those donations.

### Energy Assistance Program

We will be taking appointments for Energy Assistance applications for those seniors who heat with **DELIVERABLE FUEL (OIL, KEROSENE & PROPANE)**. Every Thursday from 8:30am to 3:30pm we will be taking applications by appointments. **The following documentation is needed:** Copy your latest bank statement (All Pages) showing direct deposit of you 2017 check. Must be current or not more than one month old, Copy of your **latest 2017** pension check or bank statement (All Pages) showing direct deposit. Must be current or not more than one month old., **Assets-Proof of each account.** Must show current value (not interest earned) of all "liquid" accounts, such as bank books, check books, CD's, money markets, IRA's, stocks, bonds, etc. Your "liquid" assets-can not exceed \$12,000 (renters) or \$15,000 for (homeowners). If you are over the asset limit, the difference will be added to your income. **All pages of all assets will be required.**, Gas or Electric Bills are required for households whose primary heat is gas or electric. The name and address on the bill must match one member of the household who is applying for Energy Assistance, Social Security Numbers and dates of birth for each member of the household, Name, address and telephone number of landlord. **A Rent receipt is only required for people whose heat is included in their rent.**, Name and address of your oil vendor or other vendor of deliverable fuel (coal, propane, etc.). Check with vendor to be sure that they are participating in the State of CT Energy Assistance Program for the 2017/2018 heating season., Income must be shown for every member of the household. If employed-household member(s) must provide last four consecutive paystubs. Annual Income guidelines (**for households whose heat is not included in their rent**) are as follows:

**One Person Household – Income cannot exceed \$ 34,366**

**Two Person Household – Income cannot exceed \$ 44,940**

Please call Jane at 828-7006 with any questions you may have regarding eligibility requirements and documentation and to schedule your appointment. We will take applications for Electric and Gas customers in November.

### Did you know that The Berlin Senior Center Has a Lending Library?

We have a nice selection of large print books, bestsellers and paperbacks. We use the "honor system". You can select up to two books at a time and keep them as long as you want. We do accept donations "gently used" hard covers and paperbacks. Donations can be dropped off at the Senior Center. We ask that if you are bringing in donations to please drop them off at the front desk. Do not put them in the library. The books need to be stamped with "This book belongs to the Berlin Senior Center". When returning books to the Senior Center Library please do not put them back on the shelf. Please put them in the box in the library marked "Return Books".

### AARP Safe Driver Program

**Nov 6th, 2017 at Berlin Senior Center from 8:30am to 12:30pm**

The Berlin Police Dept. will sponsor an AARP Safe Driver Class on Monday, November 6th, 2017 from 8:30am to 12:30pm at the Berlin Senior Center, 33 Colonial Drive, Berlin, CT 06037. This program will teach drivers how to boost safety awareness, refresh and improve their driving skills, minimize crash risks, increase confidence, prolong mobility and maintain independence. The class also provides a certificate that entitles participants to a discount on their car insurance premiums. Class size is limited. Registration is required so to register or obtain more information, contact AARP Instructor Joe Casso at 860-828-6929. **Snow Date is Monday, November 13th.**



## Top50States.com Word Search Puzzle #1



ALASKA  
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ARKANSAS  
BOSTON  
CALIFORNIA  
CONNECTICUT  
DALLAS  
DELAWARE  
DENVER  
FLORIDA  
HAWAII  
HOUMA

IDAHO  
INDIANA  
IOWA  
KANSAS  
KENTUCKY  
KONA  
MAINE  
MESA  
MIAMI  
MICHIGAN  
MISSOURI  
MONTANA

NEW YORK  
OAKLAND  
OHIO  
OKLAHOMA  
OREGON  
RENO  
ROME  
SOUTH CAROLINA  
TEXAS  
UTAH  
VERMONT  
VIRGINIA  
WASHINGTON

### Senior Center Book Discussion

This month's book discussion is on the book "the Two Family House" by Lynda Cohen Loigman.

Brooklyn, 1947: in the midst of a blizzard, in a two-family brownstone, two babies are born, minutes apart. The mothers are sisters by marriage. The once deep friendship between the two starts to unravel and no one knows why.

Please note: All Discussions are held at the Berlin Senior Center, 33 Colonial Drive, Berlin, CT 06037.

Copies of the books may be picked up at the Berlin Peck Memorial Library.



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## Movies

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For the movie programs, popcorn and a beverage will be available. There is no charge for the program and no reservations needed. Due to the length of movies and other circumstances there will be no previews. If you wish to recommend a movie, please leave it with either Carole at the front desk or Jane. *Please be respectful to others during the movie by turning off cell phones and refraining from talking during the movie.*

### Tuesday, November 28th at 1:00pm— The Shack

After enduring a terrible tragedy, a father receives a mysterious invitation to visit a nearby shack. There, he experiences a divine intervention from a group of strangers, who lead him on a theological inquiry in this uplifting faith-based drama. Rated PG-13 by the Motion Picture Association of America for thematic material including some violence.

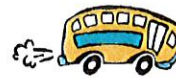


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## Specialty Trips

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### “LUNCH BUNCH” TRIP



Each month the senior center organizes a “lunch bunch” trip with the transportation provided by the senior center bus. Participants pay \$1.00 for their ride plus the cost of their own meal. This trip is limited to 12 people.

This month on Friday, November 17th, 2017 we're off to the Wood N Tap Restaurant in Newington. The senior bus will leave the senior center at 11:30am. Signups will be taken beginning at 9:00am on Wednesday, Nov 8th. Telephone signups will be taken after 12 Noon on the 8th. Remember—if you went on last month's trip, you must wait until 12 Noon to sign up for this month's trip.

### SPECIALTY SHOPPING TRIP



This month there will be two specialty shopping trips. The first is to Target or Home Goods in Southington at 10:30AM on Nov 8th. The second trip is to Walmart in Cromwell at 10:30AM on Nov 29th. We need a minimum of 3 riders for the trip to go. The bus driver will start picking up at 9:30AM. The driver will decide as to how much shopping time will be allowed. Please call the center at (860) 828-7006 at least 24 hours in advance to make your reservation. Please do not leave any reservations on the answering machine.



Central Office: 505 Silas Deane Highway, Wethersfield, CT 06109 Phone (860) 721-2822 Fax (860) 721-2823  
Berlin: 240 Kensington Road, Berlin, CT 06037 Phone (860) 828-7017 Fax (860) 828-9248  
Newington: 131 Cedar Street, Newington, CT 06111 Phone (860) 665-8586 Fax (860) 665-8533  
Rocky Hill: 761 Old Main Street, Rocky Hill, CT 06067 Phone (860) 258-2770 Fax (860) 258-2767  
[www.ccthd.org](http://www.ccthd.org)

TO: Board Members  
FROM: Charles Brown, Director of Health  
SUBJECT: MONTHLY REPORT—August 2017  
DATE: September 11, 2017

### **Monthly Activities/Projects of Special Interest**

#### **Director of Health**

- Conducted hearings for food establishments that have had several failed inspections to determine corrective action plans.
- Participated in Health Information Technology workgroup to provide feedback on local public health capacity to contribute and utilize information from a health information exchange.
- Attended meeting of healthcare professionals hosted by State Senator Gerratana to provide information on local efforts to address opioid epidemic.

#### **Administrative**

- First meeting with Charles Costello, CPA for the 2016-2017 audit was held. He plans to present his findings at the October Board meeting.
- Excess paper clean up has begun in the Central office. Files were consolidated and moved to make better use of space.
- Jane continues to gather insurance billing information in preparation for flu immunization billing.
- 3300 pre-filled flu registration forms were sent out.
- Food establishment licensing is complete (all but one.)
- Printed and mailed a letter to approximately 500 Food Service Establishments.

#### **Community Health Highlights**

##### **Asthma – Putting On Airs (POA)**

In August, the final month of the 3<sup>rd</sup> year of this 5-year grant, Betty Murphy spent time training her asthma educators, based on some updates from a national conference. The new bi-lingual Asthma Educator is making progress under Betty and Jan's guidance. In addition, she continues collaborate with the state on working out the kinks in their newer database program.

Betty continues to develop partnerships with healthcare providers such as ProHealth, UConn Health Center in Farmington, and Farmington Pediatrics. However, the primary source of referrals continues to be CCMC. Additionally, in collaboration with a research project at Yale School of Public Health all English speaking families visited who have a child between the ages of 5-11 receive information on the Children's Air Pollution Study (CAPS). Participation is optional.

The two new tablets purchased this month will improve the learning options for asthma patients and their families.

### **Block Grant**

DPH Block Grant Project Officer, Eugene Nichols paid a site visit to CCHD on August 10. He encouraged us to forge ahead as he is pleased with the actions taken to date, and the plans for the coming months.

Those plans include public bike repair stations. In working with the town planners, it was determined that each town would have public bike repair stations. The stations are on order for three of the four towns, with the fourth town slated to receive one in the next fiscal year.

### **Community Outreach/Involvement**

**Tick-Borne Disease Presentation:** Berlin Senior Center and the Berlin-Peck Memorial Library requested CCHD to provide an information session on tick-borne diseases. In response Health Educator, Lori DiPietro, MPH created a presentation called "Ticks: What You Need to Know". Fourteen people attended this August 14<sup>th</sup> event and of those, three or four had Lyme disease. These individuals shared invaluable information and experience that benefitted the group.

### **Opioid Stakeholder Forum Follow-up: Recovery Group**

Health Educator, Lori DiPietro created a Facebook page called "Central Connecticut Supports Recovery". This was one of the steps the "Recovery Group" has taken in their quest to learn what it means to become "Recovery-Supportive" communities. The page was created in support of and to facilitate participation in the statewide Recovery Walk, on September 23<sup>rd</sup> from 10:00 am – 2:00 pm in Bushnell Park in Hartford.

The Prevention and Response groups continue to meet regularly. With assistance from Erica Texeira of Wethersfield Social Services, CCHD has planned a meeting featuring Manchester Police Chief Marc Montminy for the Response Group. Since 2016, Project HOPE (Heroin/Opioid Prevention Initiative) gives addicts a chance to get into treatment instead of into further trouble with the law. Police, first responders from our towns and social service providers are invited for the September 15<sup>th</sup> meeting.

### **Emergency Preparedness**

**State:** As of July 31, details are pending on PHEP 2017-2018 grant activities. This year, the Capital Region Council of Governments (CROG) will manage the administrative aspects of the grant.

**Regional:** Judy is serving on a public health resource typing working group for the regional planning group.

**Local:** The volunteer database review is completed. Updates and revisions of Point of Dispensing site plans are continuing.

**Flu Clinics:** Judy requested the participation of the Newington CERT team as volunteers for the October flu clinics. This year, we are testing a new dispensing site: St. James Church in Rocky Hill, (St. Josephine Bakhita parish). The parking lot is large with ample handicap parking. Easy access from all four-health district main arteries is another beneficial feature of this site.

Judy also organized an interview of Charlie Brown for WJMJ radio and ORTV. Stephanie Valickis interviewed Charlie, with the camera rolling, on August 28. The interview will air in late September.

### **Dental Grant**

CCHD received notification that the North Central Area Agency on Aging (NCAAA) accepted and will fund the grant proposal for senior dental clinics. The grant cycle will begin on October 1, 2017 and continue through September 30, 2018. Additionally, the town-funded clinics for the 2016-2017 will wrap-up by the end of September.

## **Environmental Health Activities for August 2017**

- We issued a letter to all food establishments in the district regarding upcoming changes based on Connecticut's adoption of the FDA Model Food Code. The letter included information on the temperature changes which become effective October 1, 2017 and changes to training requirements for Certified Food Managers (presently Qualified Food Operators) which become effective July 1, 2018.
- Staff is working on reclassifying all food establishments in accordance with the new FDA classifications. These changes will take effect on October 1, 2017 and will change the inspection frequencies for many establishments. Analysis of the changes and the impact on workload and budget/fees will be conducted in September.
- The revised Temporary Food License Application and accompanying guidance documents were posted to the CCHD website.

## **Berlin Activities and Projects**

- Attended a Planning & Zoning meeting to provide documents and testimony for an ongoing subdivision/new construction situation.
- Delivered a presentation on food safety for Berlin public school cafeteria workers.
- Conducted a plan review for a new Dollar Tree.
- Conducted a plan review for a new nail salon.
- Conducted a new owner inspection for a new restaurant.
- Processed Berlin Fair applications and conducted consultations.

## **Newington Activities and Projects**

- Attended Safe Homes Taskforce meeting.
- Conducted five daycare inspections.
- Conducted routine pool inspections.
- Attended two Food Establishment Hearings with DOH.
- Met with the owner of a proposed smoothie bar on Fenn Road.
- Discussed plans and building renovations for a new middle eastern catering facility on Willard Avenue.
- Continued follow up investigations and monitoring on a number of complaints.

## **Rocky Hill Activities and Projects**

- Reviewed draft Rocky Hill Housing Code for conformance with CCHD code.
- Inspected all seasonal public pools.
- Issued a food service license to The Salad bar located on Cromwell Ave.
- Inspected the installation of a new septic tank on a property where the previous tank collapsed.
- Received the report of a lead poisoned child, working with our Public Health Educator to provide information to the parents and determine the source of lead poisoning.
- Received plans for a new restaurant called Tavern on 3 to be located on Cromwell Ave.
- Inspected a carnival and another temporary event.
- Approved plans for a building addition currently served by a septic system.
- Issued a food service license to BHOG a new Indian restaurant.

- Investigated numerous environmental complaints.
- Provided oversight of an apartment cleanup which involved hoarding and a deceased person that was not discovered until after 3 weeks after passing.
- Inspected, and issued a legal order for the cleanup of a condo in which the occupant was ill and unsanitary conditions existed. The unit was deemed unfit for human occupancy.
- A restaurant was closed several times due to numerous serious violations of the CT Public Health code.
- Approved preliminary plans for a new restaurant in a former train station near the CT River.
- Applied mosquito larvicide to standing water at Brimfield Village in Rocky Hill.

#### **Wethersfield Activities and Projects**

- Continued to monitor a hoarding and cockroach situation at an apartment complex.
- Inspected several complaints, Wethersfield.
- Inspected several new food vendors at the Wethersfield Farmers Market.
- Site visited and consulted with three new restaurants to be opened this fall.



August 2017

Program Measures	Berlin			Newington			Rocky Hill			Wethersfield			Fiscal YTD Total		
	Complaints	Complaint Inspections	Routine Inspections	Complaints	Complaint Inspections	Routine Inspections	Complaints	Complaint Inspections	Routine Inspections	Complaints	Complaint Inspections	Routine Inspections	Complaints	Complaint Inspections	Routine Inspections
Water Supply	0	0	1	0	0	0	0	0	0	0	0	0	0	0	1
Food Service	0	0	52	1	2	54	4	5	36	0	0	22	9	10	300
Public Facilities	0	0	0	2	4	8	1	1	23	0	0	0	4	7	41
Salon Inspections	1	1	0	0	0	0	0	0	0	0	0	0	1	1	8
Subsurface Sewage	0	0	1	0	0	0	0	0	4	0	0	0	0	0	18
Gen Envir. Health	0	0	0	6	4	0	7	9	0	5	4	0	39	56	2
Campylobacteriosis	1				1			0			0			6	
E-Coli	0				0			0			0			0	
Salmonellosis	0				0			2			0			2	
Blood lead $\geq 5$	0				0			0			0			1	

2017-2018

**Boldface items approved by Town Council.**  
All others approved by Town Manager.

Bud.Chg. #	Department	Other			Comments
		Contingency	Fund Bal.	General Fd.	Other Fund
18-001	Public Bldg. Maint.		\$50,000.00		Contractual Serv.
18-002	Highway		\$40,000.00		Catch Basin cleaning
18-003	Nursing			\$4,575.00	Computer Support (from Medical Serv.)
18-004	Ambulance Service			\$0.08	Communication System (from Medical Waste Disposal)
18-005	Revenue Collector			\$250.00	Computer Support (from Social Security)
18-006	Economic Devel.			\$45.00	Professional Devel. (from Promotion)
18-007	Economic Devel.			\$1,090.00	Promotion (from Part Time Help)
18-008	Revenue Collector			\$1,180.27	Overtime (from Mid Management Personnel)
18-009	Golf Course			\$0.39	Leased Equipment (from Overtime)
18-010	Library			\$2,500.00	In Lieu of Health Ins. (from Health Ins.)
18-011	Nursing			\$2,100.00	Telephones (from Nurses salaries)
18-012	Fire Marshal			\$75.00	Training (from Operating Materials)
18-013	Public Grounds			\$2,400.00	Wood Fiber (from Operating Materials)
18-014	Golf Course			\$1,000.00	Commission Secretaries (from Overtime)
18-015	Golf Course			\$4,800.00	Fertilizer (from Electricity & Natural Gas)
18-016	Fire Marshal			\$75.00	Prof. Devel. (from Training)
		<b>\$0.00</b>	<b>\$90,000.00</b>	<b>\$20,090.74</b>	<b>\$0.00</b>

**Cumulative Appropriations**                      \$90,000.00

**Bal. of Contingency Account**                      \$350,000.00



**Fee Waivers and Donations Approved by Council**  
**Fiscal Year 2016/17**

<u>Date</u>	<u>Value</u>
7/25/2017 Waive field rental fees - T.Cop Foundation Tournament	\$350.00
7/25/2017 Donation of a golf cart to Timberlin Mens Club	\$3,625.00
7/25/2017 Waive greens fees - Timberlin Junior Interclub Tournament	\$400.00
9/5/2017 Donation of 4 rounds golf and 2 carts - BHS Redcoat fun run raffle	\$226.00
9/5/2017 Donation of 4 rounds golf and 2 carts - Make A Wish Foundation	\$226.00
9/5/2017 Waive room rental fees - Kensington Garden Club	\$200.00
9/19/2017 Waive Police fees - Berlin Fair	\$27,650.00
10/3/2017 Waive special event permit fee - Shop Small Event 945 Farmington Ave.	\$150.00

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\$32,827.00