

Berlin Parks & Recreation Department



2019 Fall Brochure

For more information call
860-828-7009

REGISTRATION INFORMATION

1. Special events are for Berlin residents only, unless noted otherwise. **Registration for residents for all programs, is going on now!** Non-residents may register for Yoga and Dog Obedience classes now and all other classes beginning on September 3.
2. **Yoga and Dog Obedience classes are almost ready to begin. Call the department to check if space is still available.**

Registration in person will be accepted at the Berlin Parks and Recreation Department, 230 Kensington Rd., Monday through Wednesday 8:30 a.m.-4:30 p.m., Thursday 8:30 a.m.-7 p.m. and Friday 8:30 a.m.-1 p.m. Office is closed on September 2, October 14 and November 28 and 29.

If registering by mail, include a registration form, a check made out to the Town of Berlin and a self-addressed, stamped envelope and mail to Berlin Parks and Recreation Department, 230 Kensington Rd., Berlin, CT 06037 or include your email and the receipt will be emailed to you. Please do not forget to put the Program # on the registration form. Your receipt will be mailed back to you if accepted or your check will be returned if the program is filled.

WebTrac – Register on-line through our WebTrac program! If you forgot your username or password, go into WebTrac and click on “Forgot your password” and the information will be sent to you. Browse our programs and register from the comfort of your home. Registration on-line has already begun for residents and will start at 8 a.m. on September 3 for non-residents. You can find the link to WebTrac by going onto the Town website, www.town.berlin.ct.us click on Departments and find Parks and Recreation. Click on Register On-Line to get to WebTrac. Some restrictions may apply and not all programs are available on line.

VISA and Master Card will be accepted *in person and on-line*. Debit Cards will not be accepted.

We have a mailbox available, by the office door, for you to drop off registrations, after business hours but when the Community Center is open. These registrations will be processed the next business day, in random order, at our earliest convenience. **Checks only please.**

The Parks and Recreation Department reserves the right to cancel any program, which does not meet minimum enrollment requirements. Registration must be done in advance. In order to insure the continuance of each program, registrations must be made at least one week before the start of the program unless otherwise indicated.

3. **Cancellations** – Weekdays and weekends call the information line at 860-828-7100.

Oops! Despite our best efforts, errors sometimes make it into print. We apologize for any inconvenience these errors may cause.

BERLIN PARKS AND RECREATION DEPARTMENT

230 Kensington Rd., Berlin, CT 06037

Jen Ochoa	Director – Community, Recreation and Park Services.....	860-828-7010
Debbie Dennis	Superintendent of Recreation	860-828-7056
Terri Noyes	Administrative Secretary	860-828-7009

Cancellation and Refund Policy

1. Refund will be automatic if a program is cancelled or registrants on waiting list are not included in program. Processing fees will not be charged for refunds due to cancellations or not being taken off the wait list.
2. Refunds will not be issued on requests made less than 3 business days before a program begins. All refund requests for any reasons other than cancellation by the Town or failure to include a registrant on a waiting list must be in writing and received by the Town at least three business days before the program begins.
3. **All requests for refunds will be charged a processing fee of 10% of the amount, minimum of \$5/maximum of \$50. Fees will not be charged if Parks and Recreation cancels the program.**
4. Refunds will not be given on finalized trips, program tickets or season passes.
5. No refunds will be given after a program has started.
6. When program fees are paid by credit card and a refund is approved, that refund will be on that credit card.
7. Exceptions to this refund policy will be made in the sole discretion of the Superintendent of Recreation and must be based upon hardship or other good cause demonstrated by the registrant. **Processing fee will be charged.**
8. Policy does not apply to Timberlin Golf Course.
9. All refunds by check will take up to four weeks to process from the time of request. Refunds will be mailed to you.

PRE-SCHOOL and YOUTH PROGRAMS – Age is based on age on the first day of the program, unless noted otherwise. All classes are held at the Berlin Community Center

Fit Toddlers - For 2-3 year olds Each of the 30-minute classes will be a fun adventure for your toddler. Games, obstacle courses, music, movement, and much more create a playful environment for your child. Parents participate with the children, and must sign their name to the release agreement on their child's registration form. Classes meet on Tuesday's from 10:15-10:45 a.m., Thursday's 1:15-1:45 p.m. or Saturday's 8:45-9:15 a.m. starting September 24 for Tuesday classes (no class October 15 & November 5), September 26 for Thursday classes or September 21 (no class October 12 & 19) for Saturday classes. There will be 7 classes. Elizabeth Cook-Asal is the instructor. Fee is \$40 for residents, \$50 for non-residents.

Program #314401A for Tuesday's
Program #314401B for Thursday's
Program #314401C for Saturday's

Exploring Dance – Children ages 3-5 will experience the enjoyment of ballet, tap and jazz through creative movement during this 30-minute class held on Saturday's from 9:25-9:55 a.m. Elizabeth Cook-Asal is the instructor. Classes will be held on Saturday's starting September 21 (no class October 12 & 19), for 7 classes. Fee is \$40 for residents and \$50 for non-residents. **Program #310201B**

Dance Elements – Children ages 5-8. This class will focus on Ballet and Tap technique, along with fundamentals of Jazz and Modern Dance. Students will begin working on dance steps, concepts and choreography. Ballet and Tap shoes are preferred but not required. Class will be held on Saturday's from 10-10:45 a.m. Elizabeth Cook-Asal is the instructor. Classes meet starting September 21 (no class October 12 & 19) for 7 classes. Fee is \$60 for residents and \$70 for non-residents. **Program #320201B**



Painting with Peggy – Children will paint a masterpiece on a canvas with instruction led by Peggy Loehr, art teacher and painter. Just drop off your child and pick them up at the designated time. Program is for K- 5th grade. Fee is \$15 for residents and \$25 for non-residents. All classes are held from 10-11 a.m.



Saturday, September 7 **Program #320401A**
Saturday, September 21 **Program #320401B**
Saturday, October 19 **Program #320401C**
Saturday, October 26 **Program #320401D**
Saturday, November 16 **Program #320401E**
Saturday, November 23 **Program #320401F**
Saturday, December 7 **Program #320401G**
Saturday, December 14 **Program #320401H**
Saturday, December 21 **Program #320401I**

Timberlin Golf Course offerings for youth for the fall



Columbus Day Junior Clinic

This comprehensive junior clinic is open to golfers ages 5-12. Juniors will have the opportunity to hone their skills before Winter by redeveloping ALL aspects of the game.

We will work on putting, chipping, the full swing, and on-course management during the clinic, which will summarize the golf skills we went over during the Spring and Summer programs.

The cost is \$35 per player which includes lunch and instruction.

The clinic runs from 10 a.m.-12 p.m. on MONDAY, OCTOBER 14th

To sign-up, please call the Golf Shop at [\(860\) 828-3228](tel:8608283228) or email timberlinhp@gmail.com

A GREAT ACTIVITY FOR A DAY OFF FROM SCHOOL!



2019 Fall PGA Jr League Series

If your youngster can drive, chip or putt...there's a spot for them on Timberlin's PGA Jr. League team!

PGA Jr. League is designed to bring a "Little League" atmosphere to the game of golf. The league provides a structured environment for young golfers to compete and have fun! This is a great way to get, and keep, kids involved in the game.

17&Under starts Thursday September 5th - 5-6PM

13&Under starts Friday September 6th - 5-6 PM

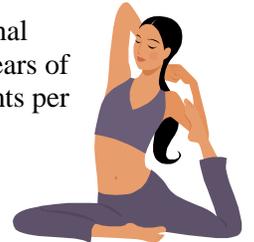
Matches start Sunday September 15th - 3:30PM

Price- \$125 per player - Sign up in the pro shop or via email at Timberlinhp@gmail.com

ADULT PROGRAMS

Tai Chi - Tai Chi consists of fluid gentle movements that are relaxed and slow in tempo. It has been proven to work by slowing down bone loss, improving balance, reducing falls and improving quality of life. Dress comfortably. This class meets on Wednesday's for 7 weeks. Classes are held at the Berlin Community Center from 11:30 a.m. – 12:30 p.m. Fee is \$56 for residents and \$66 for non-residents or drop-in and pay \$10 per class for residents and \$15 per class for non-residents. Class will be held September 18-October 30 **Program #334201A** and November 6-December 18 **Program #334201B**

Both **Yoga** classes are held at the Berlin Community Center. The instructor is from Personal Euphoria, Wethersfield. For more information on Yoga visit www.pilatesct.com Co-ed 18 years of age and up. Both classes meet for 10 weeks. Wear comfortable clothes. Limit of 17 participants per class.



All Level Yoga - Unwind and recharge your batteries as you surrender into yoga poses designed to strengthen your core, build stamina and increase flexibility. Class will focus on connecting breath with movement and simple mindfulness practices. Different variations of poses are offered, making this class fun, safe, and challenging for all levels. Please bring a mat, a water bottle and any props (pillow, yoga block, blanket, etc.) that will add to your comfort. Mixed Level Class. Fee is \$75 for residents and \$85 for non-residents

Monday nights from 5:30-6:45 p.m., September 9-November 18 (no class October 14) **Program#334301A**

Wednesday nights from 6-7:15 p.m., September 11-November 20 (no class October 23) **Program #334301B**

We are also teaming up with Personal Euphoria to provide this great, online program. This is for **Berlin Resident's only!**

Free Online Happy Hips & Low Back Workshop—Available for 3 Months FREE

Back pain is the leading cause of missed work in the U.S. The second most common joint replacement surgery is a hip replacement. This workshop provides exercises you can do yourself to help keep your hips and back strong so you can walk, run, golf, sit and generally be more comfortable in your own body. A great workshop for everyone, especially individuals who sit at work, have chronic low back pain, arthritis in the back or hips, and anyone who wants to stay active. You will have access to printable worksheets and online videos that guide you through exercises.

The first 50 residents interested in this program will access all the material for free. Don't delay, sign up as soon as possible so you don't miss out on this program. We will send your email to Personal Euphoria and they will send you the information. They just ask that you let them know what you think and how they can improve the program after you use it (feedback is optional). **Program #333001A**



Dog Obedience classes



All of the following dog obedience classes will be held at the former Pistol Creek Golf course, 600 Spruce Brook Rd. Professional Dog Trainer Wendy McGurgan and Assistant Trainer Shirley Coulombe are the instructors. Dog handlers should be at least 16 years old. Call for openings.

Kindergarten Puppy Training –The class is for puppies aged 2 ½ months to 6 months old. We will work on leash walking and the come, sit and down commands. Your puppy will also develop social skills and confidence. Learn how to praise and correct your puppy appropriately. Start a great relationship with your pup! We will address problems like chewing, housebreaking and crate training. The first class is mandatory unless you are excused by the instructor. You will need a six-foot leash and we will discuss leashes and collars in the first class. **First class is held without dogs.** Please bring a copy of your puppy's current vaccinations to the first class. Fee is \$75 for residents and \$85 for non-residents. Class will be for seven weeks on Thursday's, September 12-October 24 from 6-7 p.m. **Program #365001B**

Basic Dog Obedience Course – The class will cover basic commands for the family dog. Commands include sit, down, stay, heel, come and stand. You will learn how to correct bad habits such as jumping up and pulling on the leash. Learn how to praise, correct and discipline your dog appropriately. Dogs should be at least 6 months old. The first class is mandatory unless you are excused by the instructor. You will need a six-foot leash. We will discuss leashes and collars in the first class. **First class is held without dogs.** Please bring a copy of your dog's current vaccinations including Bordetella should be given to the instructor at the first class. Fee is \$75 for residents and \$85 for non-residents. Class will be for seven weeks on Tuesday's from 6-7 p.m. There will be two sessions the first from September 10-October 22 **Program #365001A** or the second from November 5-December 17 **Program #365001A2**

Better Basic Dog Obedience – This class is for dogs and handlers that have completed basic class. Emphasis will be on improving the skills learned in basic class. We will concentrate on the stay, heel, come and recall exercises and work with a greater level of distraction. This class will give you a better insight into your dog's behavior. You will need a six-foot leash. Dogs will be rewarded with verbal and physical praise, not food. Please bring a copy of your dog's vaccinations if not already on file. Fee is \$75 for residents and \$85 for non-residents. Class will be six weeks on Wednesday's from 6-7 p.m. November 6-December 11 **Program#365001D2**

The Town of Berlin has a Facebook page

Like us on Facebook www.facebook.com/TownBerlinCT

FAMILY ACTIVITIES AND SPECIAL EVENTS

15th Annual Scarecrow Festival



On October 13, Scarecrows will be welcoming in the fall season on Farmington Avenue. Scarecrows will be displayed from Sunday, October 13th until Wednesday, October 30th. We are encouraging businesses, volunteer/civic organizations, families and individuals to create their own unique scarecrow to enter in the contest. Advertise your organization/business by making a scarecrow for this event. Whether it is traditional, humorous, whimsical or a celebrity you will be helping us create a fall atmosphere and country setting to our terrific Town of Berlin.

Winners will be determined solely by the public so make sure you vote for the top scarecrows in all four categories plus Berlin's Best Scarecrow. Cast your vote at the following locations, Berlin Community Center, Berlin Senior Center and the Berlin Peck Memorial Library. **NEW THIS YEAR** – we will have online voting, check the Town's Facebook page on October 15 for instructions. Voting will open on Tuesday, October 15th at 3 p.m. and will close on Wednesday, October 30th at 4 p.m. Winners will be announced at 1p.m. on Halloween, Thursday, October 31. Prizes will be awarded in all four categories plus Berlin's Best Scarecrow. Look for Scarecrow photos on the Town of Berlin's Facebook page www.facebook.com/TownBerlinCT or get a closer look by strolling down Farmington Avenue to see which creative scarecrows you will cast your vote for. One vote for each of the four categories (Adult/Organization, Business, Children/Organization, Family) plus Berlin's Best Scarecrow. Stop in and visit our local businesses for a little shopping or a bite to eat. For additional information on the Scarecrow Festival and registration forms, contact the Berlin Parks and Recreation office at 860-828-7009 or go to the town's website www.town.berlin.ct.us. Register in person or on-line. Entry fee of \$20 will cover the cost of the event and the awards.

Halloween Monster Bash and Pumpkin Decorating Contest

The annual **Halloween Monster Bash and Pumpkin Decorating Contest** will be held on a Friday, October 25 from 6:45-8:30 p.m. at Willard School and is for Berlin youth only ages pre-school – 5th grade and their families. There is a \$3 fee per child, which will be collected at the door (this is a separate fee from the Trunk or Treat). All children 10 and under must be accompanied by an adult. The department is not responsible for children once they leave the building. Come in costume and enjoy the evening with a dj in the gym, various arts and crafts, games, Halloween Bingo and other spooky activities. If you come in costume, you can register for a chance to win a prize, random winners will be picked throughout the night, from the following categories; infant-5 years, K & 1st grade, 2nd & 3rd grade and 4th & 5th grade. Everyone who shows up in a costume has a chance to win!



The annual **Pumpkin Decorating Contest** will be held on the same night. You must pre-register to be eligible and can now register through WebTrac. It is open to Berlin youth only from pre-school through 5th grade. Categories include Most Frightening, Most Amusing and Most Creative. *Parents please remember this is a contest for the children, the children should be decorating them, please keep any assistance with their pumpkin to a minimum.* We will also have the People's choice pumpkin, where everyone that attends can vote for his or her favorite pumpkin. Pumpkins must be dropped off that night between 6-6:30 p.m. Winners will be announced starting at 8 p.m. To register for the pumpkin decorating contest, include the following program numbers:

Program #360403A – Pre K- K **Program #360403B** – Grades 1&2 **Program #360403C** – Grades 3-5



Trunk or Treat – The Willard School PTO will also have Trunk or Treat in the front parking area of the school on October 25 from 6:45-8 p.m. For only \$3 per child, you can go from car to car and get goodies. Simply pay at the entrance of the Trunk or Treat area. Help support the Willard PTO during this event.

SAVE THE DATE – 35th Annual Tinsel Fun Run - Co-sponsored with the Berlin YMCA. This is a fun, family event. Race will be held on Saturday, December 7 at Berlin High School and begins at 11 a.m. Registration information will be out in September!

FACILITY USAGE

BERLIN COMMUNITY CENTER – The Berlin Community Center is open Monday-Thursday from 8:30 a.m.-8:30 p.m., Friday 8:30 a.m.-5 p.m. and Saturday 8 a.m.-12 p.m. The Community Center offers a variety of facilities and equipment for public use. The weight/exercise room offers free weights, a universal gym, treadmills, stair/step machines, elliptical machines and stationary bikes. There is an activity room with pool tables, ping pong tables and air hockey and a number of rooms that can be rented for meetings. For more information or to inquire about a room rental, contact Debbie Dennis at 860-828-7056.

Winter Basketball – Registration starts Monday, September 30

Registration for **boys 3-8 and girls 3-9 grade basketball** will begin on Monday, September 30. Information will be on the Berlin Public Schools website under Community Announcements, on the Town Facebook page and the Town of Berlin website the end of September or stop by the Parks and Recreation Department September 30 for information. **Space is limited for all grades so register early!**

Deadline to register is Thursday, October 31 7 p.m., if space is still available. Registration information for boys and girls 2nd grade basketball will be out in the winter brochure in December.

Don't forget you can use WebTrac, our online registration, to register for basketball!



Calling all coaches - Volunteer head coaches are needed and must fill out a background check form which can be obtained at the Parks and Recreation office or on the Town website, starting September 30. Even if you coached last year, you must fill out the form this year and your child must be registered to be considered for a coaching position.

Deadline to apply is October 25