

September

Sit & Knit

Thursday, September 1 @ 6:00 pm

Join local knitters for a relaxing time filled with knitting and good company!

Book Club for Adults

Tuesday, September 6 @ 7:00 pm

Join us for a discussion of *Station Eleven* by Emily St. John Mandel. Please contact the library to reserve a copy of this book.

Are You Prepared? New Social Security Regulations Could

Change Your Retirement

Wednesday, September 7 @ 6:30 pm

Retirement is one of the most important life events many of us will ever experience. When to collect Social Security may be the single most important decision you make in context of planning your retirement. Please join hosts Michael Alimo and David Weyner as they help you navigate crucial retirement decisions. Refreshments will be served. Register online or by calling 860-828-7126.

Sit & Knit

Thursday, September 8 @ 1:00 pm

Join local knitters for a relaxing time filled with knitting and good company!

Movie Matinee: Me Before You

Friday, September 9 @ 1:00 pm

Rated PG-13. Louisa 'Lou' Clark lives in a quaint town in the English countryside. Taking a job at the local 'castle' she becomes caregiver and companion to Will Traynor, a wealthy young banker who became wheelchair bound in an accident.

Writing Group

Saturday, September 10 @ 1:00 pm

Do you like to write? Are you interested in getting together with fellow writers to get feedback? Meet the Berlin-Peck Writers Group! This group will meet monthly.

Investor's Group

Tuesday, September 13 @ 1:30 pm

Join local investors in discussing stock market trends.

In Conversation with Authors Joe Clifford and Tom Hazuka

Wednesday, September 14 @ 6:30 pm

Join us for the hometown launch of Joe Clifford's *December Boys*. A limited amount of books will be sold at the library prior to the event. Sponsored by Friends of the Berlin-Peck Memorial Library. Register online or by calling 860-828-7126.

Sit & Knit

Thursday, September 15 @ 6:00 pm

Join local knitters for a relaxing time filled with knitting and good company!

Book Discussion: How to Raise an Adult

Monday, September 19 @ 7:00 pm

Join us in discussing the book *How to Raise an Adult* by Julia Lythcott-Haims. Berlin High School guidance counselor Jeremiah Berard will join the conversation. Register online or by calling 860-828-7126. Please contact the library to reserve a copy of the book.

Senior Center Book Club

Wednesday, September 21 @ 1:30 pm

Join us for a discussion of the book *The Rosie Project* by Graeme Simsion. Please contact the reference desk to obtain a copy of the book. **This discussion takes place at the Berlin Senior Center.**

Sit & Knit

Thursday, September 22 @ 1:00 pm

Join local knitters for a relaxing time filled with knitting and good company!

Movie Matinee: Mother's Day

Friday, September 23 @ 1:00 pm

Rated PG-13. This celebration of mothers everywhere invites all to enjoy the laughter, tears and love as three generations come together in the week leading up to Mother's Day.

Gargoyles of Yale University

Tuesday, September 27 @ 6:30 pm

Author Mathew Duman highlights a selection of gargoyles and grotesques found on the buildings of Yale University's campus. Using photographs from his book *An Education in the Grotesque: The Gargoyles of Yale University*, he explores the artistic, historic, architectural and even humorous significance of these decorative sculptures. Books will be available for purchase (\$30) after the program. Sponsored by Friends of the Berlin-Peck Memorial Library. Register online or by calling 860-828-7126.

October

Berlin VNA Flu Shot Clinic: Date TBA

Writing Group

Saturday, October 1 @ 1:00 pm

Do you like to write? Are you interested in getting together with fellow writers to get feedback? Meet the Berlin-Peck Writers Group! This group will meet monthly.

A Stroll Through Italy

Tuesday, October 4 @ 6:30 pm

"A Stroll Through Italy, Past, Present, and Future". Planning your dream trip? Reminiscing on your own Italian journey? Take a virtual "passeggiata" (stroll) through the most wonderful parts of Italy with our presenter, Mariann Millard, a certified tour director and dual US/Italian citizen. Sponsored by Friends of the Berlin-Peck Memorial Library. Register online or by calling 860-828-7126.

Sit & Knit

Thursday, October 6 @ 6:00 pm

Join local knitters for a relaxing time filled with knitting and good company!

Movie Matinee: Hello My Name is Doris

Friday, October 7 @ 1:00 pm

Rated R. A self-help seminar inspires a sixty-something woman to romantically pursue her younger co-worker.

Investor's Group

Tuesday, October 11 @ 1:30 pm

Join local investors in discussing stock market trends.

Planning for Long-Term Care with Attorney Paul Czepiga

Tuesday, October 11 @ 6:30 pm

Connecticut has the second highest cost of long-term care in the nation. So, unless you are planning to leave the state, you need to protect yourself and your retirement assets from long-term care costs. If you know the rules and plan ahead, you can still protect your hard-earned assets. Register online or by calling 860-828-7126.

Holistic Approaches to Menopause or PCOS

Wednesday, October 12 @ 6:30 pm

Menopause and PCOS lifestyle changes for good health and weight control. Helping women understand the lifestyle alterations to effectively handle significant hormonal changes encountered during menopause and Poly Cystic Ovarian Syndrome. A truly holistic approach to include health care information by Dr. Ann Aresco, nutrition by Jane Grant, RD and exercise with personal trainer Meghan Massenat, MS, CSCS for effective adaptation to make these lifestyle changes successfully. Register.

Sit & Knit

Thursday, October 13 @ 1:00 pm

Join local knitters for a relaxing time filled with knitting and good company!

Adventures of Huckleberry Finn: An American Story

Tuesday, October 18 @ 6:30 pm

This presentation reaffirms the importance of Mark Twain's masterpiece by placing it within the context of the larger history of race relations in America, from slavery to modern Civil Rights Movement. It also demonstrates how the book continues to be a catalyst for positive social change. This hour long program is presented by The Mark Twain House and Museum. Sponsored by Friends of the Berlin-Peck Memorial Library. Register online or by calling 860-828-7126.

Sit & Knit

Thursday, October 20 @ 6:00 pm

Join local knitters for a relaxing time filled with knitting and good company!

Movie Matinee: Trumbo

Friday, October 21 @ 1:00 pm

Rated R. In 1947, Dalton Trumbo was Hollywood's top screenwriter, until he and other artists were jailed and blacklisted for their political beliefs.

Coloring for Adults

Monday, October 24 @ 6:30 pm

Enjoy a relaxing night out. We'll supply the coloring pages and writing utensils.

Book Club for Adults

Tuesday, October 25 @ 7:00 pm

Join us for a discussion of *Sandcastle Girls* by Chris Bohjalian. Please contact the library to reserve a copy of this book.

Senior Center Book Club

Wednesday, October 26 @ 1:30 pm

Join us for a discussion of the book, *In the Unlikely Event*, by Judy Blume. Please contact the reference desk to obtain a copy of the book. **This discussion takes place at the Berlin Senior Center.**

A Day in the Life of a Baseball G.M.

Wednesday, October 26 @ 6:30 pm

Join us when Patrick Day, general manager of the New Britain Bees, talks about his experiences putting together professional baseball teams. Day is the 2015 Atlantic League Executive of the Year. He'll share the challenges and amusing stories of a day-in-a-life of a minor league baseball administrator from his new team and previous experience with colorful clubs such as the Montgomery Biscuits, Lansing Lugnuts and the Southern Maryland Blue Crabs. He'll also touch on the state of baseball and recent rule changes. Register online or by calling 860-828-7126.

Sit & Knit

Thursday, October 27 @ 1:00 pm

Join local knitters for a relaxing time filled with knitting and good company!

Preview of November...

New Britain Symphony Orchestra: Beatles String Quartet

Wednesday, November 2 @ 6:30 pm

Connecticut Ballet Presentation

Wednesday, November 9 @ 6:30 pm

Details to come.



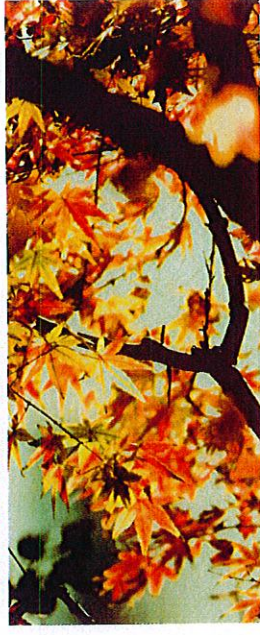
Berlin-Peck Memorial Library

234 Kensington Road

Berlin, CT 06037

(860) 828-7126

2016 September/October Events for Adults



Discover. Connect. Inspire.

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234 Kensington Rd.

Berlin, CT 06037

860-828-7125

www.berlinpeck.org

To register for events: www.berlinpeck.events

September

Berlin-Peck Library Children's Department

2016

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
				1	2	3 LIBRARY CLOSED
4	5 LIBRARY CLOSED	6	7	8 6:30: Chapter Chat Book Club Suggested grades 1-3 Registration required	9	10 1:30-2:30 Family Bingo All ages Drop-in
11	12 10:30: Walkers and Wiggles Ages 18-36 mos. Drop-in	13	14 10:30: Peek-A-Baby Ages birth to 18 mos. Drop-in 2:00 to 4:00 Minecrafters Grades 2-12 Registration required	15 2 PM: Bookworms Ages 3-5 Drop-in	16 10:30: Mother Goose on the Loose Birth to preschool Drop-in	17
18	19 10:30: Walkers and Wiggles Ages 18-36 mos. Drop-in	20 10:30 Bibliobop All ages, but geared to toddlers and pre-K. Drop-in 6:30: Sleepytime Stories Geared to ages 3 and up Drop-in	21 10:30: Peek-A-Baby Ages birth to 18 mos. Drop-in	22 2 PM: Bookworms Ages 3-5 / Drop-in 6:30: Nutmeg Book Review Club Grades 3 and up Registration required	23 10:30: Mother Goose on the Loose Birth to preschool Drop-in	24
25	26 10:30: Walkers and Wiggles Ages 18-36 mos. Drop-in	27	28 10:30: Peek-A-Baby Ages birth to 18 mos. Drop-in	29 2 PM: Bookworms Ages 3-5 Drop-in	30 10:30: Mother Goose on the Loose Birth to preschool Drop-in	



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Berlin-Peck Library Children's Department

Mondays, September 12, 19, 26 at 10:30: Walkers and Wiggles (ages 18-36 months)

Help your toddler work out his wiggles with this lively storytime. Toddlers will read stories, sing, and complete a light craft. The program will be followed by an open play session. *No registration is required.*



Wednesdays, September 14, 21, 28 at 10:30: Peek-A-Baby (ages birth to 18 months)

Help your baby begin a lifelong love of reading by joining us for this fun program. Babies will listen to stories, do lap sits, and sing songs, followed by an open play session. *No registration is required.*



Thursdays, September 15, 22, 29 at 2:00: Bookworms (ages 3-5 years)

Help your child develop a sense of independence and a love of reading with this lively storytime. Children will listen to books, sing songs, complete a craft and more! *No registration is required.*



Fridays, September 16, 23, 30 at 10:30: Mother Goose on the Loose (ages birth to preschool)

Help your child develop early literacy skills while having a great time! This program combines music, movement, nursery rhymes, instruments and books. Aids in developing literacy skills, and strengthens bonds between caregiver and child. *No registration is required.*



Thursday, September 8 at 6:30 p.m.: Chapter Chat Book Club (recommended for grades 1-3)

You read the book at home and then join us for a lively discussion, trivia contest, and craft. There are no wrong answers in Chapter Chat, just fun!

Title: **Princess Posey and the First Grade Parade** by Stephanie Greene.
Copies are available at the Children's Desk. *Registration is required.*



Saturday, September 10, 1:30-2:30: Family Bingo (all ages)

Families are invited to join us for several rounds of Bingo. Can you get the diagonal, square, or full card blackout? Snack and fun provided! *No registration is required.*



Wednesday, September 14, 2:00-4:00: Minecrafters! (grades 2-12)

The library has a Minecraft server! Visit the Children's Dept. and fill out a form to be granted access. Join other super-fans to show off your build skills, trade ideas, and work as a team! Please bring a laptop with the PC or Mac version of Minecraft installed. If you don't have a laptop, we have three laptops to share, a Wii, and an Xbox One with Minecraft installed (on a first-come, first-served basis). Snacks will be provided.



For grades 2-12. Call or visit us for complete details. *Registration is required, and begins August 31.*

Tuesday, September 20 at 10:30: Bibliobop (all ages)

Are you ready to shake your sillies out? Join us for a story followed by some energetic dancing, singing, and playing! For all ages (geared to toddlers and preschoolers). *No registration is required.*



Tuesday, September 20 at 6:30 p.m.: Sleepytime Stories with Miss Sarah (geared to ages 3 and up)

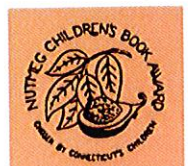
Bond with your child and socialize with other families as we get ready for bedtime. Join us for this evening storytime where families can listen to stories, sing songs, and make a craft. *No registration is required.*



This month's theme: Pirates

Thursday, September 22 at 6:30 p.m.: Nutmeg Book Review Club (recommended for grades 3 and up).

Join us as we talk about whether or not this month's title has what it takes to be the 2017 Nutmeg winner. No right or wrong answers, just bring your opinions! Each month we'll read one nominee and see if we can predict the state wide winner by the end of the voting period. Geared toward grades 3 and up. *Registration is required, and begins August 25.*



MINECRAFTERS!!

Wednesday,
September 14
2:00-4:00
For grades 2 to 12



For grades 2-12.
Call or visit us for complete details.
Registration is required, and begins
August 31.

The library has a Minecraft server! Visit the Children's Dept. and fill out a form to be granted access (whitelisted). At this first meeting, join other super-fans to show off your build skills, trade ideas, and work as a team! There will be prize drawings of Minecraft items, and snacks will be provided.



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Newington: 131 Cedar Street, Newington, CT 06111 Phone (860) 665-8586 Fax (860) 665-8533
Rocky Hill: 761 Old Main Street, Rocky Hill, CT 06067 Phone (860) 258-2770 Fax (860) 258-2767
www.ccthd.org

TO: Board Members
FROM: Charles Brown, Director of Health
SUBJECT: MONTHLY REPORT—June 2016
DATE: July 29, 2016

Monthly Activities/Projects of Special Interest

Director of Health

- Facilitated Regional Discussion on shared medical countermeasure distribution sites
- Oversaw hiring process for new Environmental Health Inspector/Sanitarian position
- Attended Healthcare Coalition meeting to gather information on upcoming EP contract

Administrative

- Food service licensing continues. Approximately 500 annual license renewals will be processed.
- Final spending on the Emergency Preparedness Grant and Lead Prevention grants is being tracked so that all monies are spent and reported properly at the end of the grant period (June 30).
- Insurance carrier changes, upcoming Union contract changes and personnel changes have impacted the Administrative workload.

Environmental Health Activities for June 2016

We received a number of applications for the sanitarian position vacated by Jovan. Interviews were conducted and Kristin Olsson, a Registered Sanitarian from the Farmington Valley Health District was offered, and accepted, the job. She will start on July 18th and will be located in Newington with Barbara.

We used the two food inspection contractors to cover routine Newington and Berlin food inspections this month. It is expected that we will be able to phase them out in August after Kristin starts.

The summer temporary event season has started with a number of events both large and small. Annual inspections were conducted for a number of sport field concession stands.

Barbara attended the DPH training on Evaluating Sous Vide and the Acidification of Sushi Rice. This training was offered in response to a bill that passed last year which will allow some new food preparation processes to be used in Connecticut. Although the bill passed, the provisions will not go into effect until the DPH has finalized regulations governing the use of these new techniques. The new regulations are anticipated this fall.

Berlin Activities and Projects

- A new hair salon called Headmasters was reviewed and approved. One additional proposed hair salon in a single family home is under review.
- Plans were reviewed for outside renovations to two foodservice establishments and for the addition of a cold storage area within a food manufacturing plant.

- The Farmer's Market opened for the season, including two new food vendors.
- Septic work included soil testing and installation inspections for one septic repair and one septic tank replacement, and three B100a reviews.

Newington Activities and Projects

- Housing complaints continue to require a lot of time. Several referrals were received from local convalescent facilities, which required home inspections. Several complicated housing complaints are ongoing. CCHD is working with Newington Human Services.
- The town pools at Mill Pond Park and Church Hill Park were inspected and opened.
- Temporary events included the annual Classic Car Show, a soccer tournament and a Parks & Rec event.
- Two new barbershops opened in town (Garrett's on Lowrey Place and Zurell's on Stoddard Ave). One new hair salon is under construction (Cost Cutters on Main St). A pizza restaurant opened under new management (Vivaldi Pizza on Willard Avenue).
- The DOT cafeteria renovations are complete and the cafeteria reopened. They will no longer have outside itinerant vendors providing food.

Rocky Hill Activities and Projects

- CCHD hosted a "Get the Lead Out" day for local residents to bring in household items to be tested for lead content.
- The town pools were inspected and opened for the season.
- One new itinerant vendor and several temporary foodservice vendors were inspected and licensed.
- One daycare and two foodservice establishment plans were reviewed.

Wethersfield Activities and Projects

- A new nail salon opened. Plans were reviewed for one new foodservice establishment.
- The Wethersfield Fireworks were held on June 4th with 10 food vendors.
- Weekly water sampling started at the Mill Wood swimming pond.

Community Health

PREVENTION BLOCK GRANT

• **The Walking Competition** was underway as of June 1- June 29. During this time, weekly tallies were provided to the town contact people. Trouble-shooting included verifying and/or seeking corrections for participant step/data entries. Press releases were written and sent, press inquiries and inquiries from the public were followed-up. There were more than 15 inquiries into the program and at least 5 articles published before and during the competition.

- Met with Craig Minor to discuss Newington updates to the POCD and potential steps forward.

ASTHMA

• Betty Murphy, Program Coordinator and I planned a strategy for her to increase outreach to pediatricians in the health district. Betty will be mailing program information to local physicians and will follow-up in late July to answer questions and/or provide more information.

SMILES FOR LIFE DENTAL GRANT

• CCHD received an additional \$1,500 from NCAAA to put on extra clinics until September 2016. Supplementary clinics will be planned with our two hygienists throughout August and September.

CHILDHOOD LEAD CASE MANAGEMENT

- Case tracking and management of lead poisoned children is on-going via DPH Maven database.
- "Get the Lead Out" Day was held on June 4, 2016 at the Cora J. Belden Library in Rocky Hill, using the

DPH XRF testing device to test over 40 items.

- Residents of pre-1978 apartments and multifamily homes in the district received lead prevention mailings. Over 1,700 letters were mailed, using address lists from Town Assessors' offices. So far, only about 160 letters have been returned.
- To keep town managers informed, each received an email including same attachments that were sent to residents.

EMERGENCY PREPAREDNESS

Deliverables:

1. Participated in Region 3 ESF 8 PH meeting re potential need/viability for a regional distribution site.
2. Participated in Newington LEPC meeting which included discussion of potential communication options during day to day and mass dispensing events.
3. Final deliverables were submitted, the budget reviewed and items were purchased, to improve POD functionality.
4. Participated in the Health Coalition state-wide meeting, to update local health departments on cyberterrorism, and state PHEP plans and funds.

● **Volunteer Status:** The Press releases sent last month have begun to yield results. Five (5) potential volunteers have been sent the paperwork to complete. The Volunteer Newsletter was mailed and included the dates for the fall Flu Clinics, the Everbridge notification system testing, participation in exercises and a request to update their contact information.

● **Emergency Notification Lists:** Notification of the primary responders was tested with 92% response rate.

● **Flyers:** Two new flyers were printed and will be distributed to key town staff for their information and use. They will also be made available to town residents. These were developed with the assistance of two University of Hartford, School of Nursing Master's degree students.

1. "Do you have special needs? Are you prepared to stay in a local town shelter?" (For shelter staff and potential shelter users)
2. "Get prepared – It starts with you. A resource guide for emergency shelter staff" (For town and volunteer shelter staff)

June 2016

Program Measures	Berlin			Newington			Rocky Hill			Wethersfield			Fiscal YTD Total		
	Complaints	Complaint Inspections	Routine Inspections	Complaints	Complaint Inspections	Routine Inspections	Complaints	Complaint Inspections	Routine Inspections	Complaints	Complaint Inspections	Routine Inspections	Complaints	Complaint Inspections	Routine Inspections
Water Supply	0	0	0	0	0	0	0	0	0	0	0	0	3	3	1
Food Service	1	1	53	1	2	54	0	0	26	1	1	44	41	56	1681
Public Facilities	0	0	3	0	0	7	1	1	3	1	1	5	11	10	132
Salon Inspections	0	0	2	0	0	0	1	1	0	0	0	5	2	1	75
Subsurface Sewage	0	0	0	0	0	0	0	0	0	1	1	0	8	10	64
Gen Envir. Health	2	2	0	4	7	0	7	7	0	9	14	0	145	214	13

Campylobacteriosis	1			0			0			1			16		
E-Coli	0			0			0			0			2		
Salmonellosis	0			1			0			0			16		
Blood lead ≥ 5	0			0			0			0			12		



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TO: Board Members
FROM: Charles Brown, Director of Health
SUBJECT: MONTHLY REPORT—July 2016
DATE: August 18, 2016

Monthly Activities/Projects of Special Interest

Director of Health

- Began work with consultant on organizational branding strategy for CCHD
- PHAB online orientation completed as part of agency accreditation preparation plan
- Attended NACCHO conference in Phoenix to gather information on community engagement efforts and performance management techniques from national partners

Administrative

- Final spending on the Asthma Prevention (Putting on AIRS), and PHHS Block grants is being tracked so that all monies are spent and reported properly at the end of their grant periods (August 31 and September 30).
- Insurance carrier changes, upcoming Union contract changes and personnel changes continue to have an impact on the Administrative workload.

Community Health

PREVENTION BLOCK GRANT

- Walking Competition concluded with an awards ceremony held at the Rocky Hill Summer Concert series on July 7.
 - Over 300 participants (n=312)
 - Total of 38,559 miles logged (over one and a half times around the world at the equator).
 - Berlin won the competition, with an average of over 158 miles per participant.
 - Individual prizes were also awarded to participants of each town, based on age and number of steps logged.
 - Post-competition survey designed on Survey Monkey and sent out Steering Committee Members to distribute to participants.

MEETINGS/TRAININGS COMPLETED

- Assistant Director completed PHAB initial orientation webinar series.
- Assistant Director, Health Educator and Administrative Assistant completed MAVEN/CTEDSS training.
- Participated in Centralization Cte meeting.

SMILES FOR LIFE

- Clinics booked to utilize the \$1,500 that was received from NCAA.

LEAD GRANT

- 1,718 letters with DPH Lead Program educational materials to these residents of pre-1978 apartments and multi-family homes.
 - Approximately 140 letters returned.
- Monitoring and investigation of lead cases:
 - CCHD received notification of a lead poisoned child in Rocky Hill, with family members that are Spanish-speaking only.
 - Home visit included Spanish interpreter who assists with the asthma home inspections, and Barbara, our Supervising Sanitarian.
 - Suspect that the lead exposure occurred at a home in Hartford where the family recently relocated from in May 2016.
 - CCHD will wait to see what the next lead level is in October and plan a further course of action from there.

COMMUNITY OUTREACH AND EDUCATION

- Attended 3 concerts of the Rocky Hill Summer Concert Series at the Elm Ridge Park Amphitheatre
 - Handed out: pedometers, sunscreen, sun bracelets, cookbooks, healthy eating tips, CCHD magnets,
 - Provided information: Hepatitis C, Emergency Preparedness Guides, EP Volunteer Brochures, and CCHD's "Living Healthy in the District" guide, Lyme Prevention, Lead Poisoning Prevention.
 - Raffle off free Bike Helmet.

ASTHMA - POA

- Referrals received in July: 7
 - Home visits scheduled: **4**; Home visits completed: **2**
 - Age range **5-14**; Towns Served: Hartford, New Britain, Manchester
 - Total referrals received for program year through July - 118
 - Total home visits completed for program year through July - 73
 - 3 month follow up calls – completed 2; 6 month follow up calls – completed 2
- Outreach – Mailings about the POA program were sent to pediatricians in the Health District towns.

Meetings attended

- July 22nd - New England Home Care - Cromwell
- July 20th – Southern Connecticut State University – meeting with Intern professor
- July 26th - CT DPH State meeting – New Criteria - Middletown
- July 28th – CCMC – Children's Center for Community Research – Charter Oak Place - Hartford

EMERGENCY PREPAREDNESS

- Deliverables:
 1. Participated in Region 3 ESF 8 PH meeting.
 2. Awaiting contract from DPH.
- Volunteer Status: Continuing follow up on the five (5) potential volunteers sent paperwork for completion. One (RN) has returned a completed form and has volunteered to assist at three (3) fall Flu Clinics. The Everbridge notification system has been updated via volunteers calls or forms sent back. An Everbridge test will hopefully be done at the end of August or early September as part of staffing Flu Clinics.
- Supplies: A volunteer is assisting with a re-inventory of all EP supplies, documenting on an EXCEL spreadsheet and helping to reorganize and repack/label supplies.
- Working with Rocky Hill re revisions to their EOP, Annex G Health & Medical.
- COOP: Have begun to look for a structure to add more detail to Plan.
- Flu Clinics:
 1. All forms and necessary information being reviewed and revised. Awaiting updated Algorithms for vaccine administration to children and allergy to eggs.

2. Preparing to order supplies and complete packing vaccinator (medical) and non-medical supplies.
 3. Meeting held to review preparation status against Flu Plan monthly preparation calendar. Basically on schedule.
- PHAB: Participated in review of changes especially to EP.
 - Researched information re drug collection points: only Newington provides this service on an ongoing basis through NPD. Others have not conducted drug collections in several years.

Environmental Health Activities

Kristin Olsson started on July 18th. She has been busy inspecting food establishments and salons, as well as housing and other complaints.

We had one new child lead case in Rocky Hill. This is a two year old who recently moved to Rocky Hill from Hartford. A site visit determined that the exposure most likely occurred before the child moved into the district.

Salon inspection training was conducted for all the sanitarians. An outside contractor was brought in to offer a classroom training followed by an onsite inspection at a full service salon in Rocky Hill.

We used the two food inspection contractors to cover routine Newington food inspections this month. It is expected that we will phase them out in August.

The summer temporary event season has started with a number of events, large and small, held in the district.

Berlin Activities and Projects

Reviewed remodel plans for Taco Bell and Burger King.

Conducted a site meeting with the new owner of the Farmington Ave. Restaurant.

Met with new Brewery owner at the proposed site location to review building requirements.

Met with the owner of a new hair salon currently under construction.

Conducted inspections at three Berlin public schools for the YMCA which will be opening after school child care programs in the schools in September.

Started to prepare a PowerPoint presentation on food safety for the Berlin High School Culinary class, to be presented in September.

Newington Activities and Projects

The Farmer's Market opened for the season. It is held on Saturdays in Market Square.

Temporary events included the Newington Extravaganza which was well attended. A total of 24 food booths were inspected.

Charles and Barbara met with the Highway Department to discuss monitoring well sampling at the former Newington Landfill. They have been sampling the monitoring wells since the start of 2016 (formerly CCHD conducted the quarterly sampling). We discussed how CCHD might be able to help the town with this in the future.

Charles and Barbara attended the Newington Safe Homes Task Force meeting. Newington has developed a new intake form for referrals and complaints involving housing issues.

Rocky Hill Activities and Projects

Inspected Shad Row and met with the owner to discuss ongoing health code violations.

Conducted multiple inspections at Michel Angelo's restaurant (Greg and Jeff) due to numerous health code violations. The restaurant was closed for a time to address these violations. Two follow up inspections have been conducted since reopening to monitor compliance.

Reviewed and approved plans for a new Starbucks, a Dunkin Donuts remodel, the High School kitchen renovations, a new restaurant and take out called La Piastra, and the Kiddie Academy daycare and food service operation.

Reviewed plans, inspected and licensed a new itinerant vendor called Shish Kabob Delicious.

Spoke to doctors at the CT Children's Hospital in Hartford regarding a new lead poisoned child in Rocky Hill. Collected information on the case and discussed with staff.

Reviewed several building, and planning and zoning plans for possible involvement or regulation under the Public Health code.

Reviewed the Town of Rocky Hill proposed Blight Ordinance changes.

Wethersfield Activities and Projects

Reviewed plans for a remodel at Burger King.

Inspected multiple complaints.

Continued bathing water sampling at the Mill Woods swimming pond.

Inspected several swimming pools.

July 2016

Program Measures	Berlin			Newington			Rocky Hill			Wethersfield			Fiscal YTD Total		
	Complaints	Complaint Inspections	Routine Inspections	Complaints	Complaint Inspections	Routine Inspections	Complaints	Complaint Inspections	Routine Inspections	Complaints	Complaint Inspections	Routine Inspections	Complaints	Complaint Inspections	Routine Inspections
Water Supply	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Food Service	0	0	31	1	5	61	3	3	24	1	1	25	5	9	141
Public Facilities	0	0	0	3	2	0	1	2	7	1	0	7	5	4	14
Salon Inspections	0	0	0	2	0	0	0	0	1	0	0	0	2	0	1
Subsurface Sewage	0	0	9	0	0	0	0	0	0	0	0	2	0	0	11
Gen Envir. Health	5	8	0	6	12	0	4	11	0	2	5	3	17	36	3

Campylobacteriosis	0	1	0	0	0	1	0	0	0	0	0	0	0	1	0
E-Coli	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Salmonellosis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Blood lead ≥ 5	0	0	0	0	0	0	1	1	0	0	0	0	1	1	0

PRIMER ON BERLIN HEALTH INSURANCE

To: All Anthem Participants
From: Denise Parsons, Director of Human Resources
Re: Update Related to Insurance Providers
Date: August 1, 2016

Denise Parsons

Now that Open Enrollment has passed, I wanted to share with you information about the behind the scene work that was completed to ensure that we are purchasing the most cost effective, comprehensive benefits plan. The Benefits Committee concluded a year-long project in early April related to evaluating our existing health insurance provider, Anthem. This work began in March 2015, when the Town of Berlin/Berlin Board of Education contracted with a new health insurance broker, USI Insurance Services, Inc. Since that time, our Consultant, Chris Monroe and his staff have worked diligently with us to review and evaluate our current benefits. It was determined in August 2015, that we needed a full review of our Anthem Health benefits. We decided that we would conduct a market analysis to ensure that we were getting the best value for this \$8.4 million annual expense.

The process was laid out in the following order:

1. Bring in the top health insurance carriers to discuss and review their products and services;
2. Request disruption information from each carrier to identify any differences in network access that would be incurred if we changed providers;
3. Request bids from the carriers that vetted through steps 1 and 2;
4. Select the carrier based on quality of service, price, and least disruption to employees.

The Presidents of each of the 13 collective bargaining groups and associations (Town and Board of Education) were invited to attend this process. It began in October 2015, with three separate 2-hour vendor presentations. These included Anthem, CIGNA and Aetna. The presentations were very comprehensive, with each carrier offering some unique benefits. Aetna and CIGNA both provided disruption reports that indicated each had upwards of 98% consistency with our current Anthem network of providers, resulting in minimal disruption if a change were to occur.

In mid-January 2016, we requested bid proposals from the three providers – Anthem, Aetna and CIGNA. In February, we received their financial proposals for review. The committee met again several times to review the results of the RFPs. Chris Monroe had several conversations with each carrier in the weeks following. Each one of the carriers continued to find further discounts on their original bid, and each carrier was in the lead at some point over that two week period. Due to some serious negotiations and very difficult conversations with Anthem, the final numbers vetted out with an average first year savings from each of the providers of approximately \$230,000 below the initial renewal pricing from Anthem.

Unbeknownst to the majority of our employees, we have had concerns with the service side and administrative pieces of the Anthem plan (billing, claims processing, response time, etc). This, along with more than expected increases over the last few years, had us assuming that we would find a better price, better service and an equivalent or better plan elsewhere. However, during this one year process, Anthem did finally step up to the table and got serious about their pricing and their interest in correcting the service related concerns. Taking this into consideration, along with the strong employee commitment towards the Anthem product, the committee determined that the best decision, base on cost and employee satisfaction, would be to retain Anthem.

At this time, on behalf of the Town and the Board of Education, I would like to thank each member of the committee that spent countless hours meeting and discussing healthcare benefits, asking the difficult questions and seriously considering alternatives. This process was work intensive but the end result will be rewarding as we have saved money for both the Town and the School District and we expect to correct service concerns going forward.

If you have any questions related to this process, please do not hesitate to contact me at 860-828-7115.

Berlin Parks and Recreation Department

Summer 2016 Program Registration Information

Program Name	Total Registered (Last Years' #s)	Avg. Registered	Jr. Counselors Registered	Before/After Care
Summer Program				
Clover Hill	419 (382)	60 (55)	30 (27)	146 (N/A)
The Creek	555 (561)	79 (80)	40 (35)	242 (319)
*Total Number of Individuals Registered	223 (212)		16 (14)	
Pool passes				
Primary	389 (390)			
Secondary	1370 (1400)			
Individual	13 (9)			
Pool attendance	EB - 3,276 a.m. lessons -	Percival- 6,641 p.m. lessons -		Total 9,917
Swimming lessons	3 sessions	2 sessions		
Demore, Dinda, Bittner Jr.				
Memorial Pool	210 (209)	104 (98)		
Percival Pool	237 (221)	N/A		
*Total Number of Individuals Taking Swim Lessons	371 (376)			
Berlin Dolphin Swim Team	Juniors - 43 (59)	Seniors - 26 (22)		
Lifeguarding class	3			
All other programs	Number of Classes/Sessions	Total Registered		
3-9 grade Basketball	2 - 2 week sessions	10/15		
Arts Discovery Camp	1 week	12		
Dog classes	2 classes	9/8		
Fairy Tale Camp I and II	2 weeks	8/8		
Ice Adventures	1 week	4		
* *Leap into Summer	1 week	8		
LEGO Camp	1 week	11		
* *Olympic week	1 week	80		24
* *Painting w/Peggy	2 weeks	6/9		
Summer Basketball Clinic	1 week	76		
* *Skyhawks Camps	7 different camps	60 total		
Tennis Lessons	3-2 week sessions	65 total		
*Individuals May Have Taken Multiple Programs/Lessons Noted Above				
**New Programs/Sessions				

Budget Changes

2016-2017

Boldface items approved by Town Council.

All others approved by Town Manager.

Bud.Chg. #	Department	Contingency	Fund Bal.	Other		Comments
				General Fd.	Other Fund	
17-001	Townwide			\$276.00		Org. Fees (from Maint. & Repair)
17-002	Recreation			\$100.00		Org. Fees (from Training)
17-003	Highway			\$2,897.28		Tree Warden Stipend (from Tree Removal)
17-004	Charter Revision			\$1,427.08		Advertising (from various)

\$0.00	\$0.00	\$4,700.36	\$0.00
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Cumulative Appropriations \$27,751.00

Bal. of Contingency Account \$350,000.00

Fee Waivers and Donations Approved by Council Fiscal Year 2016/17

Date

7/19/2016 Waive greens fees - Timberlin Junior Interclub tournament

Value

\$400.00

\$400.00